



# AUTISM WORKSHOPS FOR PARENTS

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In our workshop we will discuss topics such as...

- Understanding Autism - on 12th February 2024
- Sleep - on 18th March 2024
- Anxiety - on 20th May 2024
- Behaviour - on 15th July 2024

All workshops will take place online on Teams meetings from 12:00 to 13:00pm.

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Please contact us on this email address to register your interest:  
[nlds.aps@nelft.nhs.uk](mailto:nlds.aps@nelft.nhs.uk)