

Coxheath Primary School Newsletter 06.11.26

Dates for the diary



TERM 2

09 Nov New Parent Tours (YR 2027) 9.30 – 10.30am, 1.30 -2.30pm and 5.30-6.30pm

11 Nov Year R Maths Workshop 2.15pm KS1 hall

16 Nov Year 1 Phonics Workshop 9am

18 Nov Year 1 Phonics Workshop 9am

20 Nov PTA Christmas Fair 3.00pm

25 Nov Rochester Class Assembly 9.00am

02 Dec Canterbury Class Assembly 9.00am

03 Dec Rock Steady Concert 9.15am

03 Dec Parent Council Meeting 2.00pm

08 Dec Year R Nativity to Parents and siblings 9.30am

10 Dec Year R Nativity to Parents (no siblings) 2pm

15 Dec Christmas Dinner and Christmas Jumper Day (Non-uniform)

18 Dec Last Day of Term

TERM 3

04 Jan Trust Inset Day

05 Jan First Day of Term

05 Jan Y1-5 Parents Evening 3.30-6.30pm

07 Jan Y1-5 Parents Evening 3.30-6.30pm

15 Jan Year R 2027 Admission Deadline

19 Jan Young Voices

20 Jan Thurnham Class Assembly

27 Jan Allington Class Assembly

03 Feb Bodiam Class Assembly

12 Feb PTFA Valentines Disco

12 Feb Last Day of Term

TERM 4

22 Feb First Day of Term

23 Feb Y6 parents Evening 1-6.30pm

26 Feb PTFA Quiz / Race Night 7pm

04 Mar Rock Steady Concert

05 Mar PTFA Mother's and Other's Day Gifts

17 Mar Hastings Class Assembly

24 Mar Sissinghurst Class Assembly

25 Mar Last Day of Term

TERM 5

12 Apr First Day of Term

School Contact Information

School Phone Number 01622 745553

OFFICE@COXHEATH.KENT.SCH.UK **- General enquiries**

ATTENDANCE@COXHEATH.KENT.SCH.UK **- All absence related matters**

SENCO@COXHEATH.KENT.SCH.UK **- All matters for SENCO**

Meet the SEN Team

CASC@COXHEATH.KENT.SCH.UK **- Extended services booking enquiries and requests**

After School Club Emergency Number 07902 520715

PTFA@COXHEATH.KENT.SCH.UK **- All matters for the PTFA**

Curriculum Link

Please click on the link to view the curriculum page on the school website.

Message from the Headteacher

Welcome Back to Term 2!

I hope everyone had a lovely half term and managed to find some time to relax and recharge. It has been lovely welcoming the children back to school for the start of Term 2.

As we move into the colder months, we are, of course, approaching the season of coughs, colds and flu. Naturally, if your child is unwell, they should remain at home. However, the NHS has published some helpful guidance, which is attached to this newsletter, entitled 'Is my child too ill for school?'

Please do take the time to read and refer to this guidance when deciding whether your child is well enough to attend school. It can provide helpful reassurance that children can still come to school with minor ailments, such as a slight cough, runny nose or sore throat, provided they are otherwise well enough to participate in the school day.

Our aim is to maintain attendance above the national average, and achieving this relies on children attending school regularly whenever they are well enough to do so.

To date, we have had 12 children miss school on their birthday. We have also noticed a number of pupils who have repeatedly been absent on the same day of the week. While we always appreciate that there can be genuine reasons for absence, repeated patterns of this nature can sometimes suggest that absence may not always be illness-related. We would encourage parents to think carefully about the impact of these missed days and the importance of establishing consistent attendance routines.

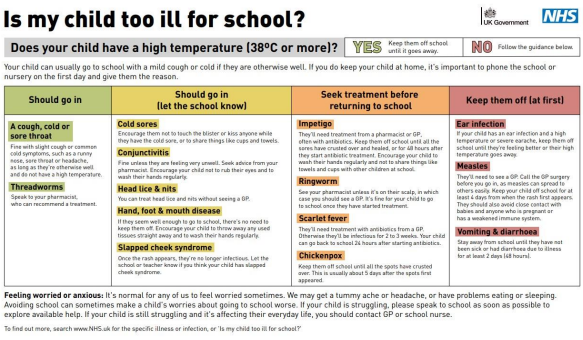
It is worth remembering just how much learning can be missed through absence. One day away from school could mean missing up to five lessons, while a full week of absence could result in approximately 25 lessons being missed. Although teachers will always do their best to support children who have been absent, it is extremely difficult to recreate or catch up on 25 missed lessons. This can have a significant impact on a child's learning, progress and confidence moving forward.

A further reminder about attendance and penalty notices: 10 unauthorised sessions of absence (equivalent to five school days) within a rolling 10-school-week period can result in a penalty notice being issued. To date, 16 pupils have reached this threshold. We would therefore urge parents to be mindful of the importance of regular attendance and to ensure that any requests for absence are made in advance and in accordance with the school's attendance policy.

We want every child to have the best possible opportunity to succeed, and regular attendance plays a vital part in this. Thank you for your continued support in ensuring that children are in school, on time and ready to learn whenever they are well enough to attend.

We hope you all have a lovely weekend and enjoy any fireworks displays or celebrations you may be attending. Stay safe, wrap up warm and we look forward to welcoming everyone back to school next week!

Giacomo Mazza



Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38ºC or more)? YES Keep them off school until it goes away. NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	**Cold sores** Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	**Impetigo** They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	**Ear infection** If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	**Conjunctivitis** Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	**Ringworm** See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	**Measles** They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	**Scarlet fever** They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	**Vomiting & diarrhoea** Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	**Chickenpox** Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'

Attendance

Congratulations to **SISSINGHURST** class for achieving the highest attendance this week!

As a reward, you'll enjoy extra breaktime next week - well done for your fantastic effort and commitment.

Year	Class Percentages					
R	Dover	94.05%	Leeds	96.25%		
1	Rye	92.94%	Hever	97.78%		
2	Allington	92.94%	Thurnham	96.30%	Bodiam	98.15%
3	Hastings	97.70%	Sissinghurst	98.47%		
4	Scotney	95.83%	Tonbridge	98.26%		
5	Rochester	94.79%	Canterbury	95.49%		
6	Pevensey	97.57%	Herstmonceux	92.71%		

Reading Incentives Y1 - 6

50 reads is a bronze metal badge

100 reads is a silver metal badge

150 reads is a gold metal badge

200 reads is a Coxheath piggy keyring toy or the Coxheath highland cow

Please continue to listen to your child read as much as possible and note this in their learning journal which will be logged by their classroom teacher.

Huge thanks to the work of the PTA and their fundraising efforts, which has funded our rewards this year!



Poppies

Poppies and other items will be available to purchase at the gate for anyone who would like to make a donation.

- Snap bands, poppy reflectors, pencils and bracelets: £1 donation each
- Metal pins: £3 each
- Paper poppies: Any donation

These will be available till the 12th November. Cash only please.



PTFA Events


COXHEATH
PRIMARY SCHOOL
PTFA
A MAGICAL
CHRISTMAS
EXPERIENCE
SANTA'S
GROTTO
£12
PER CHILD
Includes a gift
FRIDAY 20TH NOVEMBER
3.15 – 6PM
Meet Santa
Meet The Grinch
Meet real
reindeer
TICKETS ON ARBOR FROM
14TH OCTOBER
Meet Santa in his grotto at the Christmas Fair
LIMITED SPACES AVAILABLE


COXHEATH
PRIMARY SCHOOL
PTFA
CHRISTMAS
FAIR
A magical Christmas experience
FRIDAY 20 NOVEMBER 2026
3.15 – 6PM
Santa ★ Reindeer ★ Christmas carols ★ Marshmallows
Chocolate tombola ★ Christmas slime ★ Lots of stalls
Meet real reindeer

Please see below some important information from the PTFA regarding our upcoming Christmas Fair.

🎟️ Raffle Tickets

- A book of raffle tickets will be sent home with every child on **Friday 6th November**.
- Please return £5 in the envelope provided, with the ticket stubs completed.
- Any unwanted tickets should be returned to school as soon as possible.
- **Gate sales:** 9th–18th November (cash and card accepted).
- **Token sales:** 9th–18th November (cash and card accepted).
- £5 and £10 token bags will be available.
- Please note that all PTFA stalls will operate using tokens.

🎄 Christmas Experience

There are limited tickets left for The Christmas Experience, please contact the PTFA is you would like to purchase any.

ptfa@coxheath.kent.sch.uk

Kind regards,

PTFA

Raffle Prizes



PTFA Minutes

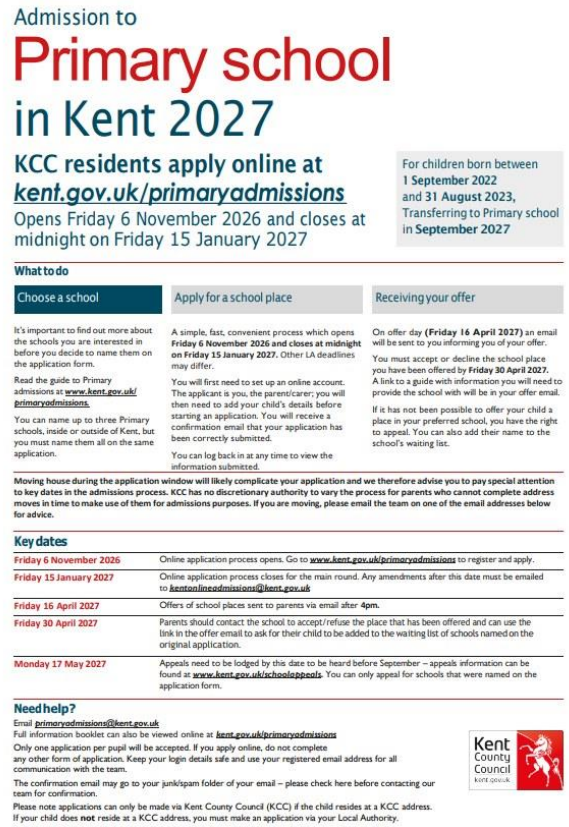
https://www.coxheath.kent.sch.uk/page/?title=PTA+Minutes&pid=102

Reception Intake 2027 - Open Days



To sign up for a school tour for the Reception 2027 intake, please click here, or visit our website: **www.coxheath.kent.sch.uk**

Primary School Admissions



Admission to

Primary school in Kent 2027

KCC residents apply online at
kent.gov.uk/primaryadmissions
Opens Friday 6 November 2026 and closes at midnight on Friday 15 January 2027

For children born between **1 September 2022** and **31 August 2023**, Transferring to Primary school in **September 2027**

What to do

Choose a school

It's important to find out more about the schools you are interested in before you decide to name them on the application form.

Read the guide to Primary admissions at ***www.kent.gov.uk/primaryadmissions.***

You can name up to three Primary schools, inside or outside of Kent, but you must name them all on the same application.

Apply for a school place

A simple, fast, convenient process which opens **Friday 6 November 2026 and closes at midnight on Friday 15 January 2027.** Other LA deadlines may differ.

You will first need to set up an online account. The applicant is you, the parent/carer; you will then need to add your child's details before starting an application. You will receive a confirmation email that your application has been correctly submitted.

You can log back in at any time to view the information submitted.

Receiving your offer

On offer day **(Friday 16 April 2027)** an email will be sent to you informing you of your offer.

You must accept or decline the school place you have been offered by **Friday 30 April 2027.** A link to a guide with information you will need to provide the school with will be in your offer email.

If it has not been possible to offer your child a place in your preferred school, you have the right to appeal. You can also add their name to the school's waiting list.

Moving house during the application window will likely complicate your application and we therefore advise you to pay special attention to key dates in the admissions process. KCC has no discretionary authority to vary the process for parents who cannot complete address moves in time to make use of them for admissions purposes. If you are moving, please email the team on one of the email addresses below for advice.

Key dates

Friday 6 November 2026	Online application process opens. Go to ***www.kent.gov.uk/primaryadmissions*** to register and apply.
Friday 15 January 2027	Online application process closes for the main round. Any amendments after this date must be emailed to ***kentonlineadmissions@kent.gov.uk***
Friday 16 April 2027	Offers of school places sent to parents via email after **4pm.**
Friday 30 April 2027	Parents should contact the school to accept/refuse the place that has been offered and can use the link in the offer email to ask for their child to be added to the waiting list of schools named on the original application.
Monday 17 May 2027	Appeals need to be lodged by this date to be heard before September – appeals information can be found at ***www.kent.gov.uk/schoolappeals.*** You can only appeal for schools that were named on the application form.

Need help?

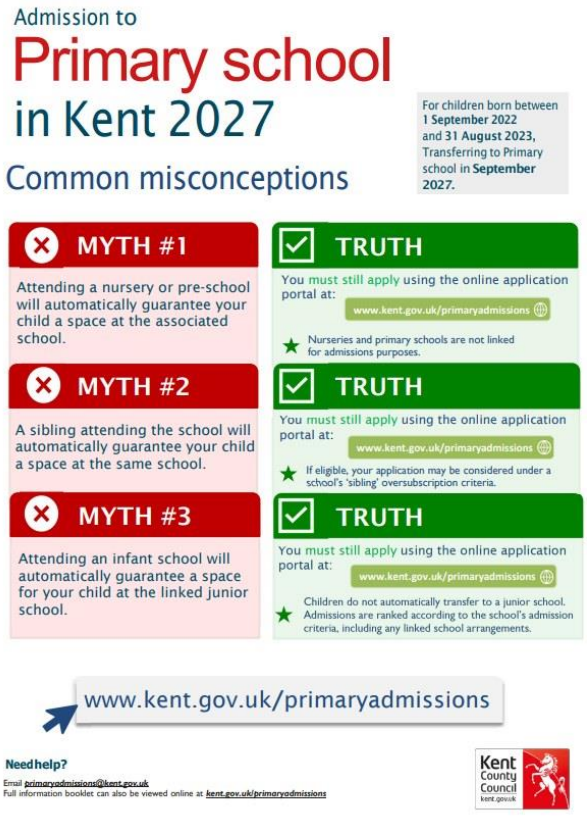
Email ***primaryadmissions@kent.gov.uk***
Full information booklet can also be viewed online at ***kent.gov.uk/primaryadmissions***

Only one application per pupil will be accepted. If you apply online, do not complete any other form of application. Keep your login details safe and use your registered email address for all communication with the team.

The confirmation email may go to your junk/spam folder of your email – please check here before contacting our team for confirmation.

Please note applications can only be made via Kent County Council (KCC) if the child resides at a KCC address. If your child does **not** reside at a KCC address, you must make an application via your Local Authority.

Kent County Council kent.gov.uk



Admission to

Primary school in Kent 2027

For children born between **1 September 2022** and **31 August 2023**, Transferring to Primary school in **September 2027.**

Common misconceptions

MYTH #1

Attending a nursery or pre-school will automatically guarantee your child a space at the associated school.

TRUTH

You must still apply using the online application portal at: www.kent.gov.uk/primaryadmissions

★ Nurseries and primary schools are not linked for admissions purposes.

MYTH #2

A sibling attending the school will automatically guarantee your child a space at the same school.

TRUTH

You must still apply using the online application portal at: www.kent.gov.uk/primaryadmissions

★ If eligible, your application may be considered under a school's 'sibling' oversubscription criteria.

MYTH #3

Attending an infant school will automatically guarantee a space for your child at the linked junior school.

TRUTH

You must still apply using the online application portal at: www.kent.gov.uk/primaryadmissions

★ Children do not automatically transfer to a junior school. Admissions are ranked according to the school's admission criteria, including any linked school arrangements.

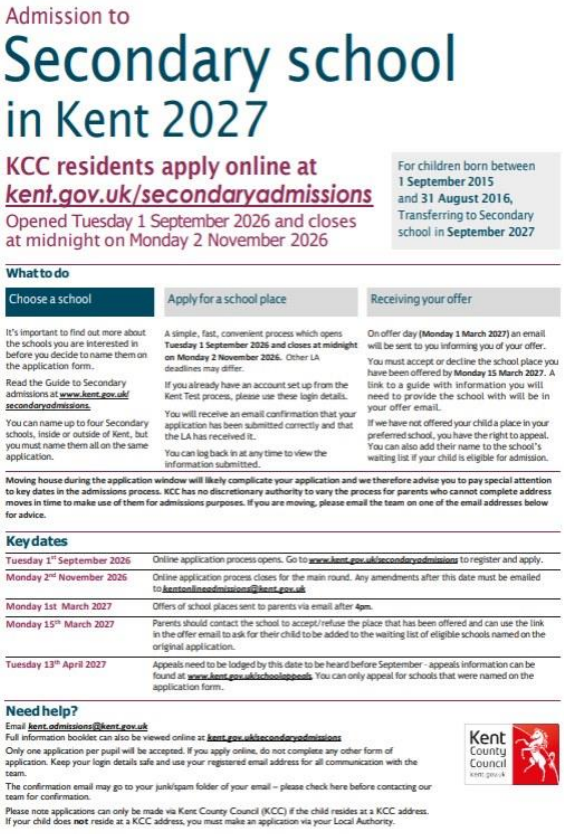
www.kent.gov.uk/primaryadmissions

Need help?

Email ***primaryadmissions@kent.gov.uk***
Full information booklet can also be viewed online at ***kent.gov.uk/primaryadmissions***

Kent County Council kent.gov.uk

Secondary School Information



Admission to

Secondary school in Kent 2027

KCC residents apply online at *kent.gov.uk/secondaryadmissions*

Opened Tuesday 1 September 2026 and closes at midnight on Monday 2 November 2026

For children born between **1 September 2015** and **31 August 2016,** Transferring to Secondary school in **September 2027**

What to do

Choose a school

It's important to find out more about the schools you are interested in before you decide to name them on the application form.

Read the Guide to Secondary admissions at **www.kent.gov.uk/secondaryadmissions**.

You can name up to four Secondary schools, inside or outside of Kent, but you must name them all on the same application.

Apply for a school place

A simple, fast, convenient process which opens **Tuesday 1 September 2026 and closes at midnight on Monday 2 November 2026.** Other LA deadlines may differ.

If you already have an account set up from the Kent Test process, please use these login details.

You will receive an email confirmation that your application has been submitted correctly and that the LA has received it.

You can log back in at any time to view the information submitted.

Receiving your offer

On offer day **(Monday 1 March 2027)** an email will be sent to you informing you of your offer.

You must accept or decline the school place you have been offered by **Monday 15 March 2027.** A link to a guide with information you will need to provide the school with will be in your offer email.

If we have not offered your child a place in your preferred school, you have the right to appeal. You can also add their name to the school's waiting list if your child is eligible for admission.

Moving house during the application window will likely complicate your application and we therefore advise you to pay special attention to key dates in the admissions process. KCC has no discretionary authority to vary the process for parents who cannot complete address moves in time to make use of them for admissions purposes. If you are moving, please email the team on one of the email addresses below for advice.

Key dates

Tuesday 1st September 2026	Online application process opens. Go to www.kent.gov.uk/secondaryadmissions to register and apply.
Monday 2nd November 2026	Online application process closes for the main round. Any amendments after this date must be emailed to kentonlineadmissions@kent.gov.uk
Monday 1st March 2027	Offers of school places sent to parents via email after **4pm.**
Monday 15th March 2027	Parents should contact the school to accept/refuse the place that has been offered and can use the link in the offer email to ask for their child to be added to the waiting list of eligible schools named on the original application.
Tuesday 13th April 2027	Appeals need to be lodged by this date to be heard before September - appeals information can be found at www.kent.gov.uk/schoolappeals. You can only appeal for schools that were named on the application form.

Need help?

Email ***kent.admissions@kent.gov.uk***
Full information booklet can also be viewed online at ***kent.gov.uk/secondaryadmissions***

Only one application per pupil will be accepted. If you apply online, do not complete any other form of application. Keep your login details safe and use your registered email address for all communication with the team.

The confirmation email may go to your junk/spam folder of your email – please check here before contacting our team for confirmation.

Please note applications can only be made via Kent County Council (KCC) if the child resides at a KCC address. If your child does **not** reside at a KCC address, you must make an application via your Local Authority.

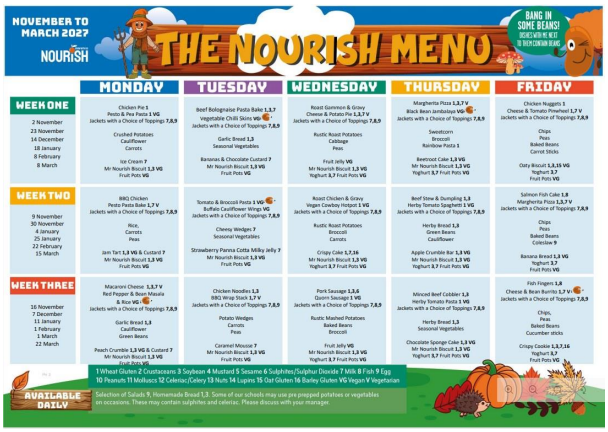
Kent County Council
kent.gov.uk

Cool Milk



Dinner Menu

Please see the new **Nourish** menu starting on WEEK 1 after half term – from Monday 2nd November.



2026/2027 Term Dates

Coxheath Primary School

ACADEMIC YEAR 2026-27

Term 1	
01.09.2026	Staff Training Day
02.09.2026	Start School
15.10.2026	Last Day of Term
16.10.2026	Staff Training Day
Term 2	
02.11.2026	Start School
18.12.2026	Last day of Term
Term 3	
04.01.2027	Staff Training Day
05.01.2027	Start School
12.02.2027	Last Day of Term
Term 4	
22.02.2027	Start School
25.03.2027	Last Day of Term
Term 5	
12.04.2027	Start School
03.05.2027	Bank Holiday
28.05.2027	Last Day of Term
Term 6	
07.06.2027	Start School
21.07.2027	Last Day of Term

Staff training days are dates when the children do not attend school

2027/2028 Term Dates

Coxheath Primary School

ACADEMIC YEAR 2027-28

Term 1	
01.09.2027	Staff Training Day
02.09.2027	Start School
14.10.2027	Last Day of Term
15.10.2027	Staff Training Day
Term 2	
01.11.2027	Start School
17.12.2027	Last day of Term
Term 3	
03.01.2028	Bank Holiday
04.01.2028	Staff Training Day
05.01.2028	Start School
11.02.2028	Last Day of Term
Term 4	
21.02.2028	Start School
31.03.2028	Last Day of Term
Term 5	
17.04.2028	Bank Holiday
18.04.2028	Start School
01.05.2028	Bank Holiday
26.05.2028	Last Day of Term
Term 6	
05.06.2028	Start School
21.07.2028	Last Day of Term
Staff training days are dates when the children do not attend school	

External Clubs held at Coxheath School

External Clubs

Gymnastics Club	Monday (After School)
Spanish Club	Wednesday (After School)
Sama Karate Club	Thursday (After School)
Rock Steady	Thursday (In School)
Irish Dancing	Friday
Make Time for Music	During school hours

Please see the Coxheath school website or notice board for more information on External Clubs and School Clubs.

https://coxheathnew.ovw6.devwebsite.co.uk/page/?title=Clubs&pid=314


ASG
working to get kids active
ACTIVE SPORTS GROUP
GYMNASTICS
Coxheath
Scan QR code to choose your Sport
Contact us:
01322 787 050
info@activesportsgroup.org.uk


Make Time for Music
Bringing Music To Life
Piano Lessons at Coxheath Primary
New spaces available with our fantastic piano specialist, Kathy Robinson!
Why Choose Us?
Convenient: Lessons during school hours.
Affordable: Spread the cost over 11 months.
Expert: Not-for-profit, specialist tuition.
Choose Your Pathway:
Group Sessions: £22 / month
(Perfect for beginners! Add £12 for starter book)
Individual: From £38 / month
(1-to-1 focus for faster progress, 20min: £38 | 30min: £55)
*30 lessons per academic year
Ready to Start? Scan the QR code or Click Here
01303 894178
office@maketimeformusic.org
www.maketimeformusic.org
Start Their Musical Journey Today!

1 - To find out more or register your child, please scan the QR code in the leaflet below, or contact Make Time for Music at office@maketimeformusic.org / 01303 894178.



THE HAPPY CARACOLA
Spanish Academy

SPANISH AFTERSCHOOL CLUB

Fun and interactive Spanish classes for primary school children!

Classes for **Years 3, 4, 5 & 6**

Starting Wednesday **16 September 2026**

Every Wednesday **3:20 pm – 4:20 pm**

Maximum **15 children**

£9.50 per child, per class



Please contact Elena to book your space ASAP!

contact@thehappycaracola.co.uk

07933 808400 (WhatsApp)

Learn Spanish through:

Games • Songs • Stories • Fun Activities!

¡Vamos a aprender español!

SEISHIN 精神 MARTIAL ARTS ACADEMY

SEISHIN ACADEMY

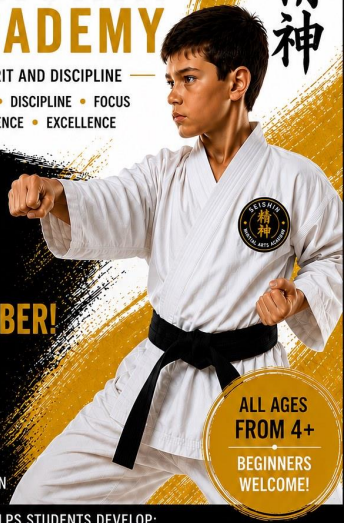
精神

SPIRIT AND DISCIPLINE

RESPECT • DISCIPLINE • FOCUS
CONFIDENCE • EXCELLENCE

KARATE CLASSES STARTING SEPTEMBER!

- BUILD CONFIDENCE
- LEARN DISCIPLINE
- ACHIEVE YOUR POTENTIAL
- IMPROVE FOCUS & RESPECT
- DEVELOP STRENGTH & COORDINATION



ALL AGES FROM 4+

BEGINNERS WELCOME!

KARATE HELPS STUDENTS DEVELOP:

CONFIDENCE | DISCIPLINE | FOCUS | RESPECT | SELF-IMPROVEMENT

CLASSES RUNNING AT YOUR SCHOOL

Find a class that suits you – local schools and times available.

seishinacademy.co.uk

QUALIFIED INSTRUCTORS

- ✓ DBS Checked
- ✓ First Aid Trained

BOOKING WILL BE AVAILABLE FROM **10TH AUGUST**

0333 444 5100 | info@seishinacademy.co.uk | www.seishinacademy.co.uk

精神 SPIRIT • DISCIPLINE • RESPECT • EXCELLENCE





Community News



[Community News]

CONNECT!

Group activities for neurodivergent young people aged from 9 years old up to the age of 18*

- Creates fun opportunities in an environment that is supportive of neurodivergent people
- Allows young people to connect through shared interests to develop social skills
- Empowers young people to build their confidence, resilience and wellbeing
- Gives parents and carers the chance to have a break and meet others with shared experiences

*Eligibility Criteria and fees will apply



Who is this service for?

- Young people aged between 9 and 18
- Young people who struggle to access universal or mainstream clubs and services
- For young people who are keen to meet others, have fun and try new things

To refer a young person, complete the referral form online.

Email: youth@involvekent.org.uk

Web: www.involvekent.org.uk

involve
Charity no: 1066911

On behalf of Kent County Council

Follow our Facebook page @ConnectShortBreaks



Calling all schools: support the Stones in the FA Trophy

Maidstone United begin their FA Trophy campaign at the Gallagher Stadium on Saturday 14 November.

The Stones will host fellow Enterprise National League South side Maidenhead United in the second round of the competition.

Admission prices have been reduced for this fixture, making it a great-value day out for families. Adult admission is 44% lower than league matches, while concession prices are 66% cheaper. Best of all, all children aged 10 and under can attend free of charge.

Admission prices for Saturday 14 November 2026

- **Adults (21-64 years):** £10.00
- **Concessions (65+, 18-20 years and students with valid ID):** £5.00
- **Youth (11-17 years):** £2.00
- **Juniors (10 years and under):** Free (must be accompanied by a paying adult)

Bring the whole family to the Gallagher Stadium and get behind the Stones.

Tickets will be available at the turnstiles from 12.30pm on matchday, or you can buy in advance with no online booking fee via the Fanbase app or website. Simply scan the QR code for more information.

The FA Trophy is a knockout competition for non-league football clubs. Introduced in 1969, it gives clubs from across the non-league pyramid the chance to reach a Wembley final and create unforgettable memories for their supporters.

www.maidstoneunited.co.uk

Kent Family Hub

Read, Play & Grow

Come along for Story Time with Maidstone Library staff.
The Family Hub will be offering younger, creative, hands-on activities inspired by the story and the changing seasons. Make it Real examples will be available to help with early literacy and numeracy.

Chat with friendly staff, explore local support and enjoy fun, creative time together.
There will be infant feeding support at both sessions.

Maidstone Library

DAY: 1st Saturday of each month

Time: 10:30 - 12:00pm

Address: Maidstone Library

Contact Information: Maidstonefh@kent.gov.uk / 03000419470



No need to book drop in

Visit your local Family Hub today
Kent.gov.uk/familyhub
KentFamilyHub

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MIXED FLAG FOOTBALL
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Celebrating 10 years
Kent Phoenix Youth American Football Club
2016 - 2026

www.kentphoenix.co.uk
info@kentphoenix.org

PLAYERS
WANTED

TRAINING: EVERY SATURDAY 10AM - MIDDAY

Shepway Green, Maidstone ME15 7JN

3 FREE TRIAL SESSIONS

Wellbeing


Work-life-balance
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Peaceful
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Joy
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Exercise
Love
Family
Wellness
Self-care
Energised
Contentment
Nutrition

NHS
Kent and Medway
Mental Health
NHS Trust

Parent Workshop

Understanding Neurodiversity

7/12/2026 12:30pm—14:30pm

***Workshop timings change from term to term**

Do you have questions about neurodiversity? Maybe you would like to build on your understanding of children's different ways of experiencing the world. Would you like to come and meet with other parents and carers and learn about ways to support your child?

You are invited to a workshop about understanding neurodiversity. We also discuss helpful strategies that you can use at home to help support your child.

If you would like to join, please ctrl + click the link below or by entering the Meeting ID and Passcode within Teams:

Understanding Neurodiversity (Primary) | Join meeting in Teams | Microsoft Teams

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. Currently, this workshop is only available to parents/carers of children attending an EWT/EST school. Please speak to your child's school or check our website for our list of schools. If you require materials in another language or have any other access needs then please email: kmmh.ewtandestenquiries@nhs.net

We look forward to meeting you

Emotional Wellbeing team Kent
Emotional Support team Medway

Please call for more information 0300 300 1955

NHS
Kent and Medway
Mental Health
NHS Trust

Parent Workshop

The Mind, The Body and You

15/12/2026 10:30am—12:30pm

***Workshop timings change from term to term**

You are invited to a workshop about understanding eating disorders/ disordered eating in primary school-aged children. We will discuss what to look out for and how to support your child at home. Including:

- An overview of Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, ARFID, and Pica.
- Warning signs to look out for
- Supporting our children through role modelling and active listening
- Look at some practical strategies you can use which may include doing a self-care activity with your child and the importance of look after self and creating your own support network.

If you would like to join, please ctrl + click the link or scan the QR Code

The Mind, The Body and You | Join meeting in Teams | Microsoft Teams

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. Currently, this workshop is only available to parents/carers of children attending an EWT/EST school. Please speak to your child's school or check our website for our list of schools. If you require materials in another language or have any other access needs then please email: kmmh.ewtandestenquiries@nhs.net

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Emotional Wellbeing team Kent
Emotional Support team Medway

Please call for more information 0300 300 1955

NHS
Kent and Medway
Mental Health
NHS Trust

Parent Workshop

Supporting Your Child with Worries & Fears

18/11/2026 12:30pm –14:30pm

*Workshop timings change from term to term

Are your child's worries and fears starting to impact their day to day life? Would you like to come and meet with other parents and carers and learn about ways to support your children so they can manage their concerns and enjoy themselves more?

You are invited to a workshop which focusses on understanding what anxiety is, the symptoms you may notice in your child and some techniques to help manage this anxiety.

If you would like to join, please ctrl + click the link below or by entering the Meeting ID and Passcode within Teams:

Supporting Your Child with Worries & Fears | Join meeting in Teams | Microsoft Teams

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. Currently, this workshop is only available to parents/carers of children attending an EWT/EST school. Please speak to your child's school or check our website for our list of schools. If you require materials in another language or have any other access needs then please email: kmmh.ewtandestenquiries@nhs.net

We look forward to meeting you

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Emotional Support team Medway

Please call for more information 0300 300 1955

NHS
Kent and Medway
Mental Health
NHS Trust

Parent Workshop

Me and My Child: Understanding Resilience

30/11/2026 12:30pm—14:30pm

*Workshop timings change from term to term

Would you like to come and meet with other parents and carers to reflect and generate ideas of how you can be a positive role model of resilience for your child?

You are invited to a workshop about understanding resilience and its importance in your child's development. It will help you to consider factors which can help to build your child's' resilience in the context of caring relationships.

If you would like to join, please ctrl + click the link below or by entering the Meeting ID and Passcode within Teams:

Me & My Child: Understanding Resilience | Join meeting in Teams | Microsoft Teams

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. Currently, this workshop is only available to parents/carers of children attending an EWT/EST school. Please speak to your child's school or check our website for our list of schools. If you require materials in another language or have any other access needs then please email: kmmh.ewtandestenquiries@nhs.net

We look forward to meeting you

Emotional Wellbeing team Kent
Emotional Support team Medway

Please call for more information 0300 300 1955



Kent & Medway recovery & wellbeing College

NHS
Kent and Medway Mental Health
NHS Trust

Want to improve your wellbeing?

We provide **free** health-related educational courses for adults in supportive and accessible learning spaces. Through education, people can make sense of their experiences and learn how to take care of themselves.

Join our free courses in Maidstone

Course	Date	Time	Venue
Autumn Wellbeing	Tues, 22 Sept	10am to 12 midday	Lenham House, Glebe Gardens
Relax & Breathe	Wed, 30 Sept	10am to 12 midday	Greensand Health Centre, Headcorn
Creativity for Wellbeing – Book hedgehogs	Tues, 6 Oct	10am to 12 midday	Fusion Healthy Living Centre, Parkwood
Men's Sheds – guest speaker	Mon, 12 Oct	10am to 12 midday	Greensand Health Centre, Headcorn
Nurture in Nature	Tues, 13 Oct	10am to 12 midday	Mote Park Learning Space
Mindful Living	Mon, 9, 16 & 23 Nov	1 to 3pm	Maidstone Community Support Centre
Discovering Your Inner Strength and Potential	Wed, 18 & 25 Nov	10am to 12 midday	Greensand Health Centre, Coxheath
Create a Better Christmas	Wed, 2 Dec	10am to 12 midday	Greensand Health Centre, Coxheath
Student Connect	Mon, 7 Dec	1 to 3pm	Maidstone Community Support Centre

Contact: kmmh.maidstonerc@nhs.net
Use the QR code to register
Or call: 07407 826920

A place for everyone.

Maidstone Family Hubs

Timetable

2nd November 2026 - 18th December 2026

All of our groups and services are free. For groups requiring booking at all Hubs, see our web site
https://www.kent.gov.uk/education-and-children/kent-family-hub

Our Family Hubs:

South Borough
03000 417770
Stagshaw Close, Maidstone, ME15 6TL
Mon - Thur 8.30am - 4.30pm
Fri 8.30am - 4pm
Southboroughfh @kent.gov.uk

Infozone
03000 419470
3 Palace Avenue, Maidstone, ME15 6NF
Mon 10am - 5pm
Tue-Thur 9am - 5pm
Fri 8.30am - 4pm
Infozonefamilyhub @kent.gov.uk

Monday	**South Borough** Young Parents 11.30-1.30 (Booking required)	**South Borough** Stepping Up 4.00-5.30 7-11 years (Booking required)			
Tuesday	**South Borough** Stay & Play 9.30-11.00	**South Borough** Baby Massage 1.30-2.30 2-6 months (Booking required)	**South Borough** Introducing Solids 1.30-2.30 2nd Tuesday of the month (Booking required)	**Infozone** Time to Shine Seniors 4.30-6.30 11-19 years (Booking required)	
Wednesday	**South Borough** Online Safety Workshop for Parents 11.30-1.30 (Booking required)	**Infozone** Baby Group 10.00-11.00 Pre walking 0-12 months	**Infozone** NCT Infant Feeding Clinic 1.00-3.00	**South Borough** Time To Shine Juniors 4.00-5.30 7-11years (Booking required)	**Infozone** Online Safety 4.30-5.30 7-11 years (Booking required)
Thursday	**South Borough** Talking Walk Ins 9.30-11.30 2nd Thur of the month	**South Borough** Strengthening Family Relationships 10.00-12.00 (Booking required)	**South Borough** Health Visitor Clinic 1.30-3.30	**South Borough** Time To Shine Juniors 4.00-5.30 7-11 years (Booking required)	
Friday	**South Borough** NCT Infant Feeding Clinic 9.30-11.30	**Infozone** Baby Massage 10.00-11.00 2-6 months (Booking required)			

Please Note: Signing in will not be available until 10 minutes before the session starts. www.kent.gov.uk/familyhub Family Hub Sites are run by Kent County Council

Information

Time to Shine Seniors (Booking required)
Small, supportive groups for children 12+ with neurodiverse needs to build confidence and social skills through fun activities.

Online Safety Course (Booking required)
6 engaging digital skills workshop sessions for children aged 7-11 years where they will learn to stay safe online.

Online Safety Workshop (Booking required)
A 2 hour workshop for parents/carers on supporting children to stay safe online and using technology responsibly.
To express an interest please email Southboroughfh@kent.gov.uk

Young Parents (Booking required)
For parents and parents-to-be up to the age of 25 and is a great way to meet other families and build friendships in a fun, educational and stimulating environment to explore and play.

Introducing Solids (Booking required)
A workshop run by the Health Visiting team to guide you through the weaning journey.
Book when baby is 4-6 months.
Please note we hold 2 workshops a month: Parkwood & South Borough.
Booking Required
Family.kentcht.nhs.uk/introducingsolids

Stepping Up (Booking required)
A 6-week programme for 7-11 year olds to boost confidence, manage emotions and make friends.
To express an interest please email Southboroughfh@kent.gov.uk

Baby Group
A welcoming space to bond with your baby and meet other parents. Includes songs and sensory play. For babies who are 0 - 12 months pre-walking.
Please note we hold 2 Baby Groups a week: Greenfields & Infozone.

Time To Shine Juniors (Booking required)
Small, supportive groups for children aged 8-11 years with SEND to build confidence and social skills through fun activities.
Booking required southboroughfh@kent.gov.uk

Strengthening Family Relationships (Booking required)
A workshop to help parents reduce conflict and build positive family relationships.
Booking required Southboroughfh@kent.gov.uk

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Healthy Start Vitamins
Are you eligible for Healthy Start Vitamins?
If so, complete this form to order Healthy Start Vitamins to your door.

Free Early Education
Some 2 year olds can get up to 15 hours of free childcare per week!
For more information and how to apply.

Useful Contact Numbers:
Health Visiting Team:
0300 013 2204

Please Note:
For Health and Safety reasons there are room capacity limits in place.

For more information about opening times give your local Hub a call

www.kent.gov.uk/familyhub
Family Hub Sites are run by Kent County Council

Maidstone Family Hubs

Timetable

2nd November 2026 - 18th December 2026

Our Family Hubs:

Parkwood
03000 412700
Furfield Close, Maidstone, ME14 5JR
Mon - Fri 8.30am - 4.30pm
Parkwoodfh @kent.gov.uk

Greenfields
03000 412987
Rutland Way, Maidstone, ME15 8DD
Mon - Thur 8.30am - 4.30pm
Fri 8.30am - 4pm
Greenfieldsfh @kent.gov.uk

West Borough
03000 419361
Greenway, Maidstone , ME16 8TL
Mon & Tue 8.30am - 4.30pm
Wed 8.30am -12.00pm
Closed Fridays
Westboroughfh @kent.gov.uk

Monday	**Parkwood** Health Visitor & NCT Infant Feeding Clinic 9.30-11.30	**Greenfields** Stay & Play 9.30-11.00	**West Borough** Little Bookworms 10.00-11.30 1-4 years	**Parkwood** Introducing Solids 1.30-2.30 1st Monday of the month (Booking required)
Tuesday	**West Borough** Health Visitor Clinic 9.30-11.30	**Greenfields** Baby Group 10.30-11.30 0-12 months, pre-walking	**Parkwood** Little Talkers 10.00-11.00 (Booking required)	**West Borough** NCT Infant Feeding Clinic 1.00-3.00
Wednesday	**Parkwood** Baby Massage 10.00-11.00 2-6 months (Booking required)	**West Borough** Baby, Family & You 10.00-12.00 (Booking required)	**West Borough** Closed From 12pm	
Thursday	**West Borough** Stay & Play 10.00-11.30	**Greenfields** Understanding Your Child 10.00-12.00 (Booking required)	**Parkwood** Art at the Start Stay & Play 0-3 yrs 1.00-2.30	
Friday	**Greenfields** Twins Group 9.30-11.30 0-4 years 2nd & 4th Fri of the month	**Greenfields** Talking Walk Ins 9.30-11.30 2-4 years 1st & 3rd Fri of the month	**West Borough** Closed All Day	

Please Note: Signing in will not be available until 10 minutes before the session starts. www.kent.gov.uk/familyhub Family Hub Sites are run by Kent County Council

Information

Baby Group
A welcoming space to bond with your baby and meet other parents. Includes songs and sensory play. For babies who are 0 - 12 months pre-walking.
Please note we hold 2 Baby Groups a week: Greenfields & Infozone.

Baby Massage (Booking required)
A 4-week course to learn soothing massage techniques to help your baby relax, sleep better and ease colic. Great for bonding. For babies 2-6 months.
Please note we have 3 Baby Massage sessions: Parkwood, Infozone & South Borough.

NCT Infant Feeding Clinic
Friendly, free infant feeding support from pregnancy through early parenthood. Trained peer supporters help you feel supported and connected. A great way to meet other parents.
Please note we hold 4 Infant Feeding clinics a week: Parkwood, South Borough, West Borough & Infozone

Understanding Your Child (Booking required)
A 10-week course helping parents understand behaviour and emotions of your child aged 0-11.

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Talking Walk Ins
Play-based session where you can speak to a speech and language therapist. Only an adult who has parental responsibility can attend. 2-4 years
Please note numbers are limited. We host 2 sessions: Greenfields & South Borough.

Little Talkers (Booking required)
A playful 6-week course for 2-5 year olds to build speech, language and attention skills.

Health Visitor Clinic
A drop in clinic for you to come along, have your baby weighed and speak to a member of the Health Visiting Team. Please arrive 15 minutes before the end of the clinic.
Please note we hold 3 Health Visitor clinics a week: Parkwood, South Borough & West Borough.

Baby, Family & You (Booking required)
5 Week Course face to face
A supportive course for expectant and new parents to build positive routines and confidence in baby's first year.
To express an interest please email Westboroughfh@kent.gov.uk

Twins Group
Group run by parents for families with multiple births. 0-5 years
2nd & 4th Friday of the month

Little BookWorms
Step into the magical world of books! 3 Fun sessions with stories and activities. Free book packs included. For children aged 1- 4.

Stay & Play
A relaxed session for families with play, singing, stories and messy fun for children aged 0-5.
Please note we have 4 Stay & Play sessions: Greenfields, Parkwood, South Borough & West Borough.

Art at the Start - Stay & Play
Come along and enjoy creative, sensory and messy play activities as part of our Stay and Play group for children aged 0-3 years. A fun and welcoming opportunity to spend quality time together, support your child's development and meet other local families.

Healthy Start Vitamins
Are you eligible for Healthy Start Vitamins?
If so, complete this form to order Healthy Start Vitamins to your door.

Free Early Education
Some 2 year olds can get up to 15 hours of free childcare per week!
For more information and how to apply.

Useful Contact Numbers:
Health Visiting Team
0300 013 2204

Please Note:
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Maidstone Family Hubs

Outreach Timetable

2nd November 2026 - 18th December 2026

Every term our Community Development Worker, Roberta attends Community led sessions, supporting families and young people with fun activities as well as being available for advice and guidance. We also have Library Outreach providing lots of fun learning opportunities around Early Literacy Skills.

Monday	**Parkwood Family Hub** Health Visitor Clinic 9th Nov & 14th Dec 9.00-12.00	**Blackthorn Trust** The Bread and Butter Thing 2nd Nov & 7th Dec 12.00-2.00	**West Borough Family Hub** Parents Information Event 9th Nov 1.30-3.00
Tuesday	**West Borough Family Hub** Health Visitor Clinic 10th Nov 9.30-11.00	**Maidstone Barracks** 3rd & 17th Nov 1st & 15th Dec 9.30-11.00	**Trinity** The Bread and Butter Thing 10th Nov & 8th Dec 11.30-1.30
Wednesday	**The Princess Project** Parkwood 4th Nov & 2th Dec 9.30-12.00	**Fusion** The Bread and Butter Thing 10th Nov & 8th Dec 11.30-1.30	
Thursday	**Shepway** The Bread and Butter Thing 12th Nov & 10th Dec 12.00-2.00	**South Borough Family Hub** Health Visitor Clinic 19th Nov & 17th Dec 1.30-3.30	
Friday	**The Princess Project** Maidstone Town Centre 20th Nov & 11th Dec 9.30-11.30	**Saturday**	**Maidstone Library** Read, Play, Grow 7th Nov & 5th Dec 10.30-12.00

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

Information

The Bread and Butter Thing

Get around £35 worth of food for £8.50, including fresh fruit and veg, fridge favourites and cupboard staples. Sign up and book a slot TEXT 0750 723 7311 with your full name, postcode and name of where you will be collecting from.

The Blackthorn Trust, St Andrews Rd, Barming ME16 9AN
Trinity, Trinity House, 20 Church St, ME14 1LY
Fusion Healthy Living Centre, 2-3 Cobb Way, ME15 9XF
Shepway, 1-2 Northumberland Court, ME15 7LW

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Read, Play, Grow

Come along for Story Time with Maidstone Library staff. The Family Hub will be offering younger, creative, hands-on activities inspired by the story and the changing seasons. Make it Real examples will be available to help with early literacy and numeracy. Chat with friendly staff, explore local support and enjoy fun, creative time together.

James Whatman Way, Maidstone, ME14 1LQ

Parents Information Event

The event will be to meet with parents to signpost the Family Hub offer and other services local to them.

West Borough Family Hub, Greenway, Maidstone ME16 8TL

Maidstone Barracks

For families that live at The Barracks. Roberta works alongside SureStart (Medway) to make families aware of Family Hub groups and other activities in Maidstone (Information, Advice & Guidance).

Health Visitor Clinics

Roberta will be attending each clinic once a month to hand out Family Hub timetables and to share other outreach opportunities.

The Princess Project

Roberta will be attending group sessions to make families aware of Family Hubs and services within our buildings and around Maidstone (Information, Advice & Guidance).

Parkwood - Christ Church, Wallis Av, ME15 9JW
Town Centre - URC Hall, Fremlin Walk ME14 1QU

Contact us

If you are a community group and would like regular visits from Family Hubs, please contact roberta.kane@kent.gov.uk for more information and to discuss how we can support in your community.

Healthy Start Vitamins

Are you eligible for Healthy Start Vitamins?

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Free Early Education

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For more information and how to apply:

Useful Contact Numbers:

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