



Coxheath Primary School Newsletter

18.09.26

Dates for the diary



TERM 1

- 01 Oct National Child Measurement Programme
- 01 Oct Parent Council Meeting 2pm
- 02 Oct Year R Bear Hunt Performance 2.45pm
- 06 Oct Sibling and Individual photos
- 06 Oct Year 3 Five and Proud 2.30pm Hastings KS1 Hall / Sissinghurst KS2 Hall
- 07 Oct Year R Parents Evening 2 - 5.30pm
- 08 Oct Year 4 Five and Proud 2.30pm Scotney KS1 Hall / Tonbridge KS2 Hall
- 08 Oct Year R Parents Evening 3.30 - 6pm
- 09 Oct Flu Immunisations
- 09 Oct Year 5 Five and Proud 2.30pm Rochester KS1 Hall / Canterbury KS2 Hall
- 12 Oct Year 2 Five and Proud 2.30pm Thurnham KS2 Hall / Allington KS1 Hall / Bodiam Yellow Building
- 12 Oct Year R Biscuit Bear 'Bake Off' and biscuit sale after school KS1 playground
- 13 Oct Harvest Festival
- 13 Oct Year 6 parents Evening 1:00pm - 6:30pm

- 14 Oct Year 3 Trip to Wakehurst
- 15 Oct PTA Non-Uniform Day - Donation £1 or chocolate for the chocolate tombola
- 15 Oct Last day of Term**
- 16 Oct Trust Inset Day

TERM 2

02 Nov First Day of Term

- 02 Nov Year 5 Bikeability (all week Monday -Friday)
- 03 Nov New Parent Tours (YR 2027) 9.30-10.30am and 1.30-2.30pm
- 04 Nov New Parent Tours (YR 2027) 9.30-10.30am and 1.30-2.30pm
- 09 Nov New parent tours (YR 2027) 9.30 – 10.30am, 1.30 -2.30pm and 5.30-6.30pm
- 20 Nov PTA Christmas Fair 3.00pm
- 25 Nov Rochester Class Assembly 9.00am
- 02 Dec Canterbury Class Assembly 9.00am
- 03 Dec Rocksteady Concert 9.15am
- 08 Dec YR Nativity to Parents and Siblings 9.30am
- 10 Dec YR Nativity to parents (no siblings) 2pm
- 18 Dec Last Day of Term**

TERM 3

04 Jan Trust Inset Day

05 Jan First Day of Term

School Contact Information

School Phone Number 01622 745553

OFFICE@COXHEATH.KENT.SCH.UK - General enquiries

ATTENDANCE@COXHEATH.KENT.SCH.UK - All absence related matters

SENCO@COXHEATH.KENT.SCH.UK - All matters for SENCO

[Meet the SEN Team](#)

CASC@COXHEATH.KENT.SCH.UK - Extended services booking enquiries and requests

After School Club Emergency Number 07902 520715

PTFA@COXHEATH.KENT.SCH.UK - All matters for the PTFA

[Curriculum Link](#)

Please click on the link to view the curriculum page on the school website.

Message from the Headteacher

It's incredible to think that we are nearly halfway through Term One already!

The children are certainly feeling settled, and many of the routines that they may have forgotten after returning from the summer holidays are now well embedded.

This term, we have our first Parent Council meeting. There are still some classes without parent representatives, so if you feel you could spare one hour per term to join, please email the school office to let us know of your interest. The Parent Council is a forum to discuss new initiatives, school improvements and, importantly, to celebrate what is working well across the school.

I'm sure you will have noticed that the new green gates leading to the drive are now up and running and operate on a timer. The gates will open automatically at 8:35am and 3:05pm to coincide with the beginning and end of the school day. They will remain closed during the school day, providing additional security for the school site.

The main barrier and the green gates now have an intercom system for both Harlequin and the school. We are currently experiencing a few teething issues with the new intercom, so please bear with us if you ring and cannot hear anyone immediately. This is being looked into and we hope to have the issues resolved shortly.

There is always at least one member of the Senior Leadership Team on the gate each day. This is not only to provide a friendly and welcoming face at the start and end of the school day, but also to give parents and carers an opportunity to speak to us about any questions or concerns you may have.

Please be mindful that, while we will obviously prevent any child from leaving the school site without an adult, unless we know they have permission to walk home independently, with over 460 children leaving the school site and more than 400 parents and carers at the end of the day, it is not possible for us to monitor every child individually or prevent every child from running off.

Once your child has been handed over to you at the end of the school day, responsibility for your child then rests with you. If your child runs off or attempts to leave the school site after being handed over, we ask that you speak to them about staying with you and following your instructions.

We appreciate your support in helping us to keep all of our children safe and ensuring that the end of the school day runs as smoothly as possible.

Please also keep an eye out for the PTA newsletter. They have planned some exciting events for the year ahead, so please make sure you get these dates in your diaries so that we can support the wonderful work they do to benefit our children.

They will shortly be announcing some of the resources and projects they will be fundraising for this year, so please do look out for further information and updates.

Have a wonderful weekend!

Giacomo Mazza

Attendance

Congratulations to **TONBRIDGE** class for achieving the highest attendance percentage this week! 🎉

As a reward, you'll enjoy extra breaktime next week— well done for your fantastic effort and commitment.

Year	Class Percentages					
R	Dover	97.37%	Leed	97.04%		
1	Rye	95.19%	Hever	90.74%		
2	Allington	94.07%	Thurnham	98.52%	Bodiam	96.67
3	Hastings	96.43%	Sissinghurst	96.93%		
4	Scotney	96.53%	Tonbridge	98.96%		
5	Rochester	96.18%	Canterbury	96.06%		
6	Pevensey	92.71%	Herstmonceux	95.49%		

Secondary School Open Days

St Augustine Academy

 St Augustine Academy

OPEN EVENTS

2026

At St Augustine Academy, we believe the essence of education is to help young people grow and develop, ensuring no door is closed to them in their future endeavours. We champion the values of courage, compassion, and community, along with a passion for learning and achievement, guided by our school motto, "Together with God we achieve."

We believe that our collective efforts surpass the sum of our individual contributions. By working closely with students, families, and the local community, we strive to create the best opportunities for every member of our academy. Our high standards of discipline foster an environment free from disruption and conducive to learning.

“Pupils are well supported and cared for in this inclusive school. Pupils are proud to belong to the St Augustine Academy family.”

OFSTED Report - May 2026.



St Augustine Academy

Courage, Compassion, Community

Academy Open Evening
Thursday 24th September 2026 at 18:00 - 21:00
 Welcome talks by the Principal at 18:10, 19:10 & 20:10

- Meet our staff and students
- Explore our Academy
- Discover our approach to learning
- Ask questions and find out more

We look forward to welcoming you and your family.
 No booking required

Morning Academy Tours
28th September 2026 to 16th October 2026 at 09.15
 Welcome and guided tours by the Principal
 Booking via our website:
www.saa.woodard.co.uk




St Augustine Academy

St Augustine Academy, Oakwood Park, Maidstone, Kent ME16 8AE
office@saa.woodard.co.uk www.saa.woodard.co.uk

Maidstone Grammar School for Girls



Maidstone Grammar School for Girls

11+ Open Evening
 13th October 2026, 16:30-19:30

Open Morning **Open Afternoon**
 19th October 2026 20th October 2026

www.mggs.org

[BOOK NOW](#) >

Oakwood Park Grammar School





Saturday 3rd
October
09:00 - 13:00



Use the QR code to head to OPGS.org
Click the banner for details of open event and to book a place on one of our Open Mornings



Can't make it
on Saturday
3RD OCTOBER?



USE THE QR CODE OR HEAD TO OPGS.ORG, CLICK ON THE BANNER AND HEAD TO OPEN MORNINGS TO BOOK

St Gregory's Catholic School

**Where your child can discover their talents,
their passions, and their excellence.**



**Join us for our Open Events and discover how we support
your child's journey through enrichment and opportunity.**

OPEN DAY

Saturday 27 June – 11.00am to 1.00pm
An opportunity to meet our staff and have a tour of the school

OPEN MORNINGS

Tuesday 7 July & Friday 18 September – 9.00am to 10.30am
Headteacher talk at 9.00am; tours at 9.15am

OPEN AFTERNOON

Wednesday 7 October – 1.20pm to 2.45pm
Headteacher talk at 1.20pm; tours at 1.35pm

OPEN EVENINGS

Wednesday 16 September & Thursday 15 October – 5.00pm to 7.30pm
Headteacher presentations at 5.15pm and 6.45pm

Find out more about our Open Events, Sports and Dance Academies.

Scan the QR code or visit:

sgschool.org.uk/open-events



St Gregory's
CATHOLIC SCHOOL



Reynolds Lane, Tunbridge Wells, Kent TN4 9XL

01892 527444

office@sgschool.org.uk | sgschool.org.uk

WELCOME TO ST GREGORY'S

At St Gregory's, we believe a child's education should begin with who they are – not who they are told to become. We proudly offer a learning environment where talents are celebrated, passions are nurtured, and students are challenged to unlock their unique potential.

As a proudly Catholic, inclusive and caring co-educational school, we welcome families of all faiths and none, where every individual feels valued and supported to flourish.

STUDENTS PROGRESS BEYOND EXPECTATIONS

Ranked as one of the top non-selective schools in Kent, our unwavering expectations for excellence result in many students outperforming the progress of their peers elsewhere. Our team of dedicated, highly-skilled staff are genuinely interested in the welfare and progress of each individual and, across the ability range, motivate all our students to achieve the very best they can. We are extremely proud of our students' excellent academic progress, and it is this commitment to truly knowing each child that creates an environment where students can thrive.

ENRICHMENT STRENGTHENS PERSONAL DEVELOPMENT

Alongside our rich, ambitious curriculum, students also benefit from an extensive range of sporting, cultural, physical and extra-curricular activities. This inclusive programme of enrichment ensures that every child has the opportunities they need to become a well-rounded individual and the very best version of themselves.

Scan the QR code to watch our school video and
discover what truly makes St Gregory's different.



We look forward to welcoming you to St Gregory's.

Register for our Open Events : sgschool.org.uk/open-events

St Gregory's
CATHOLIC SCHOOL



Reynolds Lane, Tunbridge Wells, Kent TN4 9XL

01892 527444

office@sgschool.org.uk | sgschool.org.uk

2026/2027 Term Dates



Term 1 01.09.2026 02.09.2026 15.10.2026 16.10.2026	Staff Training Day Start School Last Day of Term Staff Training Day
Term 2 02.11.2026 18.12.2026	Start School Last day of Term
Term 3 04.01.2027 05.01.2027 12.02.2027	Staff Training Day Start School Last Day of Term
Term 4 22.02.2027 25.03.2027	Start School Last Day of Term
Term 5 12.04.2027 03.05.2027 28.05.2027	Start School Bank Holiday Last Day of Term
Term 6 07.06.2027 21.07.2027	Start School Last Day of Term
Staff training days are dates when the children do not attend school	

1

External Clubs held at Coxheath School

External Clubs

Gymnastics Club	Monday
Spanish Club	Wednesday After School
Sama Karate Club	Thursday After School
Rock Steady	Thursday
Irish Dancing	Friday
Make Time for Music	During school hours
Rock Steady	Thursday in school

Please see the Coxheath school website or notice board for more information.

<https://www.coxheath.kent.sch.uk/page/?title=External+Clubs&pid=315>

A BAND FOR EVERYONE

ROCK AND POP BAND LESSONS IN YOUR SCHOOL

Children learn to play an instrument in their very own band.

Fun and inclusive in-school band lessons. No music theory involved.

Instruments provided and no experience necessary.

Exam-free. Ofqual-regulated Trinity music qualification.

Follow their musical journey in your Backstage account.

0330 113 0330
(Mon-Weds 9am-4pm, Thurs-Fri 9am-4pm, local rates)
rocksteadymusicschool.com

BOOK TO START LESSONS THIS TERM!

A FUN AND INCLUSIVE WAY TO LEARN MUSIC

Choose from: Drums, guitar, bass, keyboard or vocals.

Accessible and hassle-free!
Takes place in school, instruments provided and no experience necessary!

Have fun and learn by playing
Children work their way through a curriculum of up to 300 musical skills.

Taught by professional musicians
Rocksteady band leaders are highly trained musicians who make learning music fun.

Much more than music
Improves wellbeing, confidence, social skills and academic achievement.

Progress at their own pace
Your child can achieve an exam-free, Ofqual-regulated Trinity music qualification!

End every term on a high note
Watch your child shine as they perform in their end of term concerts.

£46.48 per month (no payment in August). **Money back guarantee** for the first month. **Cancel at any time.**

98%
of parents say their child *loves or enjoys their Rocksteady lessons*
Insights from 1,733 parents

"Rocksteady is his favourite time of the week. He can't get to school quickly enough on a Monday morning!"
Lisa

92%
of Rocksteady pupils report *greater confidence and self-belief!*
Insights from 1,733 children

BOOK YOUR CHILD'S PLACE ONLINE!

0330 113 0330
(Mon-Weds 9am-4pm, Thurs-Fri 9am-4pm, local rates)
info@rocksteadymusicschool.com

TRINITY
The National College of Music
Trinity Music School
Rocksteady Music School Ltd Registered in England No. 1010000



Community News



Community News





MPE FC
JUNIOR FOOTBALL
TRAINING SESSIONS

YEAR R & YEAR 1
UK (JUNIOR)

Fun • Learn • Develop
Make Friends

 **SATURDAY MORNINGS**
9:00 – 10:00am

 **MALLARDS WAY**
DOWNSWOOD,
MAIDSTONE

FREE
FOR FIRST TIMERS!

 BUILDING CONFIDENCE

 IMPROVING SKILLS

 ALL ABILITIES WELCOME

*Small Steps...
Big Dreams!*



 **KATE'S**
Swimming

Helping your child build confidence in the water for life.

What We Offer

- ✓ Babies - from birth to 2 years
- ✓ Toddlers - from 2-4 years
- ✓ Children's - 4 years+
- ✓ Private 1:1 Lessons - All Ages
- ✓ Holiday Intensive Courses - 4 years+

Swimming Pools

 Linton, Kent

★★★★★

So impressed with how my daughter has developed in just attending 4 days of the summer intensive course. She went from holding her nose and not being confident putting her head under water to swimming under water.

-Trust Pilot Review

Book Now!

www.katesswimming.co.uk



PLAY SPORTS JUNIORS

NETBALL ACADEMY



ABOUT US

All ability social netball clubs, welcoming children who want to learn, build confidence and progress in netball.

We'll introduce children to the fundamentals of netball, focusing on key physical, social and tactical skills in a fun, friendly and welcoming environment, whether they're new to the sport or already love playing.

Our coaches

All coaches have strong netball backgrounds and proven skills and knowledge required to teach children, with a genuine passion for helping young players develop.



EXPERIENCED TRAINERS



DBS CHECKED



TRUST AND RESPECT

DITTON COMMUNITY CENTRE

SIGN UP FOR YOUR
FREE TASTER SESSION!

ACADEMY INFO

SATURDAYS

09:00-09:50	Reception - Y2
10:00-10:50	Year 3 - Year 4
11:00-11:50	Year 5 - Year 7

All you need to bring is a water bottle and wear suitable sports trainers and exercise kit, we provide everything else!

**PARENT
REGISTER**



**VIEW ACADEMY
WEBSITE**

email: info@playsportsjuniors.co.uk



LearnChess ACADEMY

Maidstone

JUNIOR CHESS CLUB A rewarding activity for curious young minds

FREE TASTER



WHY CHESS?

A game children enjoy while developing valuable skills for life.

1

Focus & Concentration

Attention, memory and pattern recognition.

2

Planning & Decisions

Thinking ahead, weighing choices and solving problems.

3

Resilience & Confidence

Learning from every position in a supportive environment.

ACTIVE LCA MEMBERSHIP

More than a weekly club: continued learning, safe play and a wider chess community.

ONLINE ACADEMY

Puzzles & guided practice

SAFE STUDENT PLAY ZONE

Calm, monitored online games

EVENTS & DISCOUNTS

Tournaments and holiday camps

WEDNESDAYS • 5:45-7:00 PM

St Faiths Centre, Moncktons Lane
Maidstone, ME14 2PW

REGISTER INTEREST

admin@learnchess.co.uk

www.learnchess.co.uk

Wellbeing





Kent Community Health
NHS Foundation Trust

Kent Family

is here for your child's growth,
happiness and health.

family.kentcht.nhs.uk



(we care)



Want to improve your wellbeing?

We provide **free** health-related educational courses for adults in supportive and accessible learning spaces. Through education, people can make sense of their experiences and learn how to take care of themselves.

Join our **free** courses in Maidstone

Course	Date	Time	Venue
Autumn Wellbeing	Tues, 22 Sept	10am to 12 midday	Lenham House, Glebe Gardens
Relax & Breathe	Wed, 30 Sept	10am to 12 midday	Greensand Health Centre, Headcorn
Creativity for Wellbeing – Book hedgehogs	Tues, 6 Oct	10am to 12 midday	Fusion Healthy Living Centre, Parkwood
Men's Sheds – guest speaker	Mon, 12 Oct	10am to 12 midday	Greensand Health Centre, Headcorn
Nurture in Nature	Tues, 13 Oct	10am to 12 midday	Mote Park Learning Space
Mindful Living	Mon, 9, 16 & 23 Nov	1 to 3pm	Maidstone Community Support Centre
Discovering Your Inner Strength and Potential	Wed, 18 & 25 Nov	10am to 12 midday	Greensand Health Centre, Coxheath
Create a Better Christmas	Wed, 2 Dec	10am to 12 midday	Greensand Health Centre, Coxheath
Student Connect	Mon, 7 Dec	1 to 3pm	Maidstone Community Support Centre

Contact: kmmh.maidstonerc@nhs.net
Use the QR code to register
Or call: 07407 826920



A place for everyone.





Maidstone Family Hubs

Timetable

14th September 2026 - 23rd October 2026

All of our groups and services are free. For groups requiring booking at all Hubs, see our web site <https://www.kent.gov.uk/education-and-children/kent-family-hub>

Our Family Hubs:

South Borough
03000 417770
Stephane Cline, Healthline, WE15 8YU
Mon - Thur 9.30am - 4.30pm
Fri 9.30am - 4pm
southborough@kent.gov.uk

Infozone
03000 419470
2 Palace Avenue, Maidstone, ME15 8UR
Mon - Thur 9.30am - 4.30pm
Fri 9.30am - 4pm
infozone@kent.gov.uk

Monday	South Borough Young Parents 11.30-1.30	South Borough Stepping Up 4.00-5.30 7-11 years	Infozone Understanding Your Child Parents of Adolescents 4.30-6.00		
	South Borough Stay & Play 9.30-11.00	South Borough Baby Massage 1.30-2.30 2-6 months	South Borough Introducing Solids 1.30-2.30 2nd Tuesday of the month		
Tuesday	South Borough Stay & Play 9.30-11.00	South Borough Baby Massage 1.30-2.30 2-6 months	South Borough Introducing Solids 1.30-2.30 2nd Tuesday of the month	Infozone Time to Shine Seniors 4.30-6.30 11-19 years	Infozone Strengthening Family Relationships 10.00-12.00
	Virtual Online Safety for Parents 10.00-11.00	Infozone Baby Group 10.00-11.00 Pre walking 0-12 months	Infozone NCT Infant Feeding Clinic 1.00-3.00	South Borough Time to Shine Juniors 4.00-5.30 7-11 years	Infozone Compass (11-19) 4.30-5.30 11+ years
Wednesday	South Borough Talking Walk Ins 9.30-11.30 2nd Thur of the month	South Borough Health Visitor Clinic 1.30-3.30	South Borough Time to Shine Juniors 4.00-5.30 7-11 years	Infozone Youth Peer Mentoring 4.30-6.00 14-19 years	
	South Borough NCT Infant Feeding Clinic 9.30-11.30	Infozone Baby Massage 10.00-11.00 2-6 months			
Thursday	South Borough NCT Infant Feeding Clinic 9.30-11.30	Infozone Baby Massage 10.00-11.00 2-6 months			
Friday					

Please Note: Signing in will not be available until 10 minutes before the session starts.

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

Information

Time to Shine Seniors
Small, supportive groups for children 12+ with neurodiverse needs to build confidence and social skills through fun activities.

Compass (11-19)
A 10 session course helping children 11+ manage emotions and develop skills to cope with life's challenges.
Referred only
infozone@kent.gov.uk

Youth Peer Mentoring
Confidence Building, face-to-face training, learn new skills for life.
4-15 years
Please contact: infozone@kent.gov.uk
Volunteer with Family Hub, Kent County Council

Young Parents
For parents and parents-to-be up to the age of 25 and is a great way to meet other families and build friendships in a fun, educational and stimulating environment to explore and play.

Introducing Solids
A workshop run by the Health Visiting team to guide you through the weaning journey.
Book when you have 6-8 months.
Please note we hold 2 workshops a month.
Booking Required
familyhub@kent.gov.uk

Stepping Up
A 6-week programme for 7-11 year olds to boost confidence, manage emotions and make friends.
To express an interest please email southborough@kent.gov.uk

Understanding Your Child - Parents of Adolescents
For parent/careers that would like to know more about teenage and effective parenting. For parents with children aged 11+ exploring positive relationships, adolescent brain development, emotional containment, behaviour as, communication and more.

Baby Group
A welcoming space to bond with your baby and meet other parents. Includes songs and sensory play. For babies who are 0-12 months pre-walking.
Please note we hold 2 Baby Groups a week.
Greenfields & Infozone

Time to Shine Juniors
Small, supportive groups for children aged 8-11 years with SEND to build confidence and social skills through fun activities.
Booking required
southborough@kent.gov.uk

Virtual Online Safety
6 sessions for parents on supporting children to stay safe online and using technology responsibly.
Booking required
southborough@kent.gov.uk

Strengthening Family Relationships
A workshop to help parents reduce conflict and build positive family relationships.
Tue 22 and 29 September.
Referred only
infozone@kent.gov.uk

Healthy Start Vitamins
Are you eligible for Healthy Start Vitamins? Fill completed this form to receive your vitamins free of charge.
[Click here to complete form](#)

Free Early Education
Some 2-year olds can get up to 15 hours of free childcare per week.
For more information and how to apply
[Click here for more information](#)

Useful Contact Numbers:
Health Visiting Team:
0300 013 2204

Please Note:
For Health and Safety reasons there are room capacity limits in place.

For more information about opening times give your local Hub a call

www.kent.gov.uk/familyhub
Family Hub Sites are run by Kent County Council



Maidstone Family Hubs

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14th September 2026 - 23rd October 2026

All of our groups and services are free. For groups requiring booking at all Hubs, see our web site <https://www.kent.gov.uk/education-and-children/kent-family-hub>

Parkwood
03000 412700
Furfield Close, Maidstone, ME15 9JG
Mon - Thur 9.30am - 4.30pm
Fri 9.30am - 4pm
parkwood@kent.gov.uk

Greenfields
03000 412587
Rutland Way, Maidstone, ME15 8JH
Mon - Thur 9.30am - 4.30pm
Fri 9.30am - 4pm
greenfields@kent.gov.uk

West Borough
03000 419361
Oak Green, Maidstone, ME15 8YU
Mon - Thur 9.30am - 4.30pm
Fri 9.30am - 4pm
westborough@kent.gov.uk

Monday	Parkwood Health Visitor & NCT Infant Feeding Clinic 9.30-11.00	Greenfields Stay & Play 9.30-11.00	West Borough Little Bookworms 10.00-11.30 1-4 years	Parkwood Introducing Solids 1.30-2.30 1st Monday of the month
Tuesday	West Borough Health Visitor Clinic 9.30-11.30	Greenfields Baby Group 10.30-11.30 0-12 months, pre-walking	Parkwood Little Talkers 10.00-11.00	West Borough NCT Infant Feeding Clinic 1.00-3.00
Wednesday	Parkwood Baby Massage 10.00-11.00 2-6 months	West Borough Baby, Family & You 10.00-12.00	West Borough Closed From 12pm	
Thursday	West Borough Stay & Play 10.00-11.30	Greenfields Understanding Your Child 10.00-12.00	Parkwood Stay & Play 1.00-2.30	
Friday	Greenfields Twins Group 9.30-11.30 2 nd & 4 th Fri of the month	Greenfields Talking Walk Ins 9.30-12.00 3-4 years 1 st & 3 rd Fri of the month	West Borough Closed All Day	

Please Note: Signing in will not be available until 10 minutes before the session starts.

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

Information

Baby Group
A welcoming space to bond with your baby and meet other parents. Includes songs and sensory play. For babies who are 0-12 months pre-walking.
Please note we hold 2 Baby Groups a week.
Greenfields & Infozone

Baby Massage
A 4-week course to learn soothing massage techniques to help your baby relax, sleep better and ease colic. Great for bonding. For babies 2-6 months.
Please note we hold 1 Baby Massage sessions.
Parkwood, Infozone & South Borough

NCT Infant Feeding Clinic
Friendly, free infant feeding support from experienced, trained peer supporters. Help you feel supported and confident. A great way to meet other parents.
Please note we hold 4 Infant Feeding Clinics a week.
Parkwood, South Borough, West Borough & Infozone

Understanding Your Child
A 10-week course helping parents understand behaviour and emotions of your child aged 0-11.
Referred only
infozone@kent.gov.uk

Talking Walk Ins
Play-based session where you can speak to a speech and language therapist. Only an adult who has parental responsibility can attend.
2-4 years
Please note numbers are limited. See list 2.
Greenfields & South Borough

Little Talkers
A playful 6-week course for 2-5 year olds to build speech, language and attention skills.
Please note we hold 2 Little Talkers a week.
Greenfields & Infozone

Health Visitor Clinic
A drop in clinic for you to come along, have your baby weighed and speak to a member of the Health Visiting team. Please arrive 15 minutes before the end of the clinic.
Please note we hold 3 Health Visitor clinics a week.
Greenfields, Parkwood, South Borough & West Borough

Baby, Family & You
A 5 Week Course face to face
A supportive course for expectant and new parents to build positive routines and confidence in baby's first year.
To express an interest please email westborough@kent.gov.uk

Twins Group
Group run by parents for families with multiple births. 0-5 years
2nd & 4th Friday of the month

Little Book/Worms
Step into the magical world of books. 2 Fri sessions with stories and activities. Free book packs included. For children aged 1-4.

Stay & Play
A relaxed session for families with play, singing stories and messy fun for children aged 0-5.
Please note we hold 4 Stay & Play sessions.
Greenfields, Parkwood, South Borough & West Borough

5 Week Course face to face
Being a new parent is an incredible journey, but it can also feel overwhelming at times. A supportive space for you and a chance to bond with your baby. For parents with babies aged 8 weeks to 6 months.
Booking Required
<https://kentcouncil.org.uk/health-visitor/perinatal-support/>

Healthy Start Vitamins
Are you eligible for Healthy Start Vitamins? Fill completed this form to receive your vitamins free of charge.
[Click here to complete form](#)

Free Early Education
Some 2-year olds can get up to 15 hours of free childcare per week.
For more information and how to apply
[Click here for more information](#)

Useful Contact Numbers:
Health Visiting Team:
0300 013 2204

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Family Hub Sites are run by Kent County Council

[Coxheath X Account](#) - @coxheathprimary

