



Coxheath Primary School Newsletter

27.02.2026

Dates for the diary



TERM 4

02 Mar Year 6 Trip to Imperial War Museum

03 Mar Bodiam Class Assembly - Parents invited to come and watch at 9am

05 Mar World Book Day

13 Mar PTA Mothers & Others
17 Mar Walmer Class Assembly -Parents invited to come and watch at 9am
26 Mar Parent Council Meeting 2pm
27 Mar Easter Church Service 10.00am and 2.00pm. Yr R and Yr 6 Parents invited (see poster for details)
02 Apr Rock Steady Concert
02 Apr Krispy Kreme Doughnuts - Pre order for collection
02 Apr Easter Bonnet Competition (see poster for details)
02 Apr Last Day of Term

TERM 5

20 Apr First Day of Term

24 Apr PTA PJ Day
28 Apr Year R Vision Test
28 Apr Year 4 Canterbury Cathedral Trip
04 May Bank Holiday
06 May Scotney Assembly - Parents are invited to come and watch at 9am
07 May Year 2 Wildwood Trip
15 May PTA School Disco
18 May Year 6 Bikeability Week (Mon -Fri)
19 May Tonbridge Class Assembly -Parents are invited to come and watch at 9am
22 May Last Day of Term

School Contact Information

School Phone Number 01622 745553

OFFICE@COXHEATH.KENT.SCH.UK -General enquiries

ATTENDANCE@COXHEATH.KENT.SCH.UK - All absence related matters

SENCO@COXHEATH.KENT.SCH.UK -All matters for senco

CASC@COXHEATH.KENT.SCH.UK - Extended services booking enquiries and requests

After School Club Emergency Number 07902 520715

PTFA@COXHEATH.KENT.SCH.UK - All matters for the PTFA

Head Teacher News

What a wonderful start to the term it has been! I am sure we all felt that real sense of joy as the sun shone so brightly this week, a much needed boost of vitamin D for us all.

This week, I met with Katherine Tunnicliffe, Chair of the PTA, to discuss the events planned for the year ahead. Once again, the PTA have generously given a huge amount of their own time to organise a range of opportunities for our school community. Details of these events will be shared with you shortly, but I am pleased to say that planning for the Summer Fair is already well underway.

Feedback from previous Parent Council meetings highlighted how much these community events have been missed. While they are, of course, a valuable way to raise funds for the school, their true importance lies in bringing our children and families together and strengthening the sense of belonging within our wonderful community.

When I speak to prospective parents, I often say that one of the key strengths of Coxheath Primary is its strong and supportive community spirit. Events such as these play an important role in nurturing that.

I understand that not every event will appeal to everyone — it is impossible to please all of the people all of the time. Constructive feedback is always welcomed, as the PTA continually strive to make each event as successful and inclusive as possible. However, criticism can be disheartening. All PTA events are voluntary, and as parents, you are always free to decide whether your child participates.

A tremendous amount of work happens behind the scenes to organise these events, and we are incredibly grateful to those who give their time so generously to support our school.

Thank you, as always, for your continued support.

Giacomo Mazza

Important: Parking and Road Safety

We continue to receive concerns regarding parking and driving behaviour around the school. While we are unable to police the roads or enforce traffic regulations, we expect all parents and carers to act responsibly and in accordance with the law.

Unsafe or inconsiderate parking places children at risk and impacts our local community. We will continue to issue reminders in our newsletters and may refer ongoing concerns to the appropriate local authority.

We appreciate your support in maintaining a safe environment for everyone.

ArtHub

At ArtHub, we would like to say a huge thank you to everyone who submitted entries for **Show Racism the Red Card**. We have been so impressed by the powerful messages, creativity and thoughtfulness shown in every piece. ArtHub is now busy carefully looking through all the fantastic artwork as we prepare to send our entries off next week. Art is such a powerful way to share ideas, challenge unfairness and help shape our communities for the better. The artwork happening around the school right now is truly inspiring — full of courage, colour and compassion. We are incredibly proud of the talent, empathy and imagination our pupils continue to show through their art. Keep creating and keep making your voices heard! 🧡 ✨

<https://www.flickr.com/gp/coxheath/D08VTr141H>

Mother's Day Colouring Competition



Coxheath Funeralcare are running a Mother's Day colouring competition with the children at Coxheath Primary School.

The winner will receive a beautiful bouquet of Co-op flowers for their Mummy this Mother's Day.

Please see the choice of designs below. If your child would like to enter, they can come and collect their picture of choice from the school office.

Please submit entries by the **6th March**. These can be given to your child's class teacher or to the main office.

Colouring Competition

HAPPY
MOTHER'S
DAY!



Winners will be announced on:
Wednesday 11th March

Name: _____
Age: _____
Phone Number: _____

Please ask your parent/guardian for permission
before entering. Put your name, age and contact
number on your entry form before returning it to:
Coxheath
Funeralcare,
447 111 447



Funeralcare

Colouring Competition



Winners will be announced on:

Wednesday 11th March

Name: _____

Age: _____

Phone Number: _____

Please ask your parent/guardian for permission before entering. Put your name, age and contact number on your entry form before returning it to:

Coxheath

Funeralcare,
112 Heath Road



Winners will be announced on:

Wednesday 11th March

Name: _____

Age: _____

Phone Number: _____

Please ask your parent/guardian for permission before entering. Put your name, age and contact number on your entry form before returning it to:

Coxheath

Funeralcare,
112 Heath Road



Colouring Competition



Winners will be announced on:
Wednesday 11th March

Name: _____
Age: _____
Phone Number: _____

Please ask your parent/guardian for permission before entering. Put your name, age and contact number on your entry form before returning it to:
Coxheath
Funeralcare,
112 Heath Road



Funeralcare

Colouring Competition



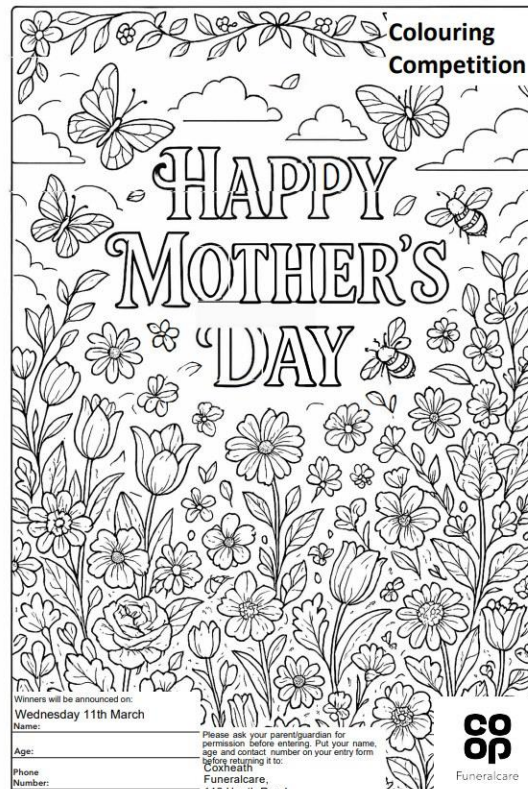
Winners will be announced on:
Wednesday 11th March

Name: _____
Age: _____
Phone Number: _____

Please ask your parent/guardian for permission before entering. Put your name, age and contact number on your entry form before returning it to:
Coxheath
Funeralcare,
112 Heath Road



Funeralcare



Salvation Army Clothing Bank

We have been informed that the Salvation Army clothing bank located in the school car park will be removed in the foreseeable future.

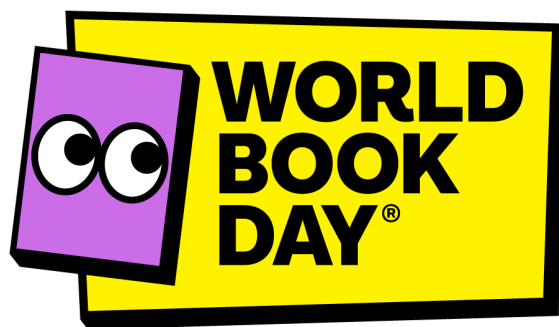
A combination of global, local and economic pressures has significantly impacted the textile reuse and recycling sector. As a result, the charity is no longer able to cover the full costs associated with collecting and processing donations through its clothing bank network.

Extended Services – Advance Booking Required

Due to limited spaces, we kindly ask all parents and carers to ensure they book Extended Services sessions in advance. If you have not made a booking and require a last-minute place, please email casc@coxheath.kent.sch.uk.

Mrs Knibbs will confirm whether a space is available. Thank you for your support and cooperation.

World Book Day - 5th March



We will be participating in World Book Day on March 5th. It's a great opportunity to join in with the national buzz around reading and the celebration of books.

Children can either dress up as their favourite character from a book or choose to dress up as a word.

Coxheath Primary School Easter Service and Easter Bonnet Competition

Please see posters with information for the Easter Service and the Easter Bonnet Competition.

| | |
|--|--|
| <p>Coxheath Primary School Easter Service</p> <p>Date: Friday 27th March 2026 Location: Holy Trinity Church in Coxheath</p> <p>Timings: First service: 10am Leeds, Deal, Thurnham, Walmer, Scotney, Rochester, Herstmonceux Second service: 2pm Dover, Rye, Hever, Allington, Bodiam, Tonbridge, Canterbury, Pevensey</p> <p>Year R and Year 6 parents invited to attend.</p>  | <p>Easter Bonnet Competition</p> <p>Date: Thursday 2nd April 2026 Time: 11.30am</p> <p>Children to bring in their Easter Bonnets first thing on Thursday and class teachers will judge and decide a first place. 1st place from each class will meet in the KS2 hall at 11.30am for a prize and a certificate.</p>  |
|--|--|

Easy Fundraising -Message from the PTFA

Easyfundraising is a free platform that enables charities, schools, sports teams, and community groups to raise money when supporters shop online. Please click the below link to sign up.

https://www.easyfundraising.org.uk/support-a-good-cause/step-1/?char=123981&invite=86mnm9&referral-campaign=s2s&utm_campaign=web-referral

PTFA Mothers' and Others'

Please see the attached poster for information about children purchasing a gift for **Mothers' and Others' Day on Friday 13th March**.

If your child would like to take part, please send the money in a clearly labelled purse or envelope to their class teacher at drop-off on the morning.

Unfortunately, the school office will not be able to deliver any forgotten money to classrooms.

Thank you for your support.



PTFA Krispy Kreme Doughnuts

Coxheath PTFA are selling Krispy Kreme Doughnuts. If you would like to order a box, you must complete this form and make payment before 20/03/26.

£10 for a box of glazed dozen

Order by Friday 20/03/26

Delivery 02/04/26

Cash or Bank Transfer only

Bank details :

Coxheath Primary School

Natwest

51-70-55

81877870

Payment must be received for the order to be placed whether this is by bank transfer or cash.

Please add your Childs FULL NAME as reference when making bank transfer payment.

If paying by cash please bring cash into the main school office. This must be clearly labelled with your child's FULL NAME and CLASS.

We will also sell a handful on the gate £2 a doughnut. We can only accept cash on the gate.

Many thanks

PTFA

[PTFA - Krispy Kreme Doughnuts Pre-Order Form – Fill in form](#)



**Coxheath Primary School
PTFA**

Krispy Kreme Doughnuts

£10 GlazedDozen

Pre Order: by Friday20th March 2026

Delivery: Thursday2nd April 2026

Bank Transfer orCash Payment

An email will be sent from theOHice with a google forms link attached for orderingand payment details.



Spring/Summer Dinner Menu

LUNCH Week 1

W/C 23/02, 16/03, 13/04, 04/05, 25/05, 15/06, 06/07

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------|-------------------------------|--|---------------------------------------|---|------------------------------------|
| MAIN 1 | Creamy Mac'n Cheese (V) | Chicken Burger in a Bun & Wedges | Roast Chicken with Roast Potatoes | Sausage Pasta Bake, Garlic Bread | Fish Fingers with Chips |
| MAIN 2 | Roasted Tomato Pasta Bake (V) | Southern Bakes Haloumi Burger & Wedges (V) | Summer Quiche, Roast Potatoes (V) | Veggie Sausage Pasta Bake (V) | N) Pizza Pinwheel, Chips (V) |
| VEG | Garlic Bread & Peas (VE) | Sweetcorn (VE) | Spring Greens (VE) | Broccoli (VE) | Carrots & Peas or Baked Beans (VE) |
| J&O | Jacket Potatoes | Jacket Potatoes | Jacket Potatoes | Jacket Potatoes | Jacket Potatoes |
| DESSERT | Freshly Baked Shortbread (VE) | Jelly (V) | Chocolate sponge with chocolate sauce | (N) Peaches & Meringue Yoghurt Food (V) | Ice cream |

AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole), flavoured yoghurts as well as freshly baked bread & seasonal salad bar. Third option includes vegan and vegetarian items.

MENU KEY V Vegetarian VE Vegan and Plant Based N Non-Dairy

LUNCH Week 2

W/C 02/03, 23/03, 20/04, 11/05, 01/06, 22/06, 13/07

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------|----------------------------------|---|--|--|---|
| MAIN 1 | Veggie Burger with wedges | Smoke Chicken & Rice | Roast Gammon & Roast potatoes | Traditional Beef Lasagne | Slicky BBQ Chipolatas (Sausage & Chips) |
| MAIN 2 | Veggie Sausage Rolls with wedges | Sweet Potato & Chickpea Curry & Rice (VE) | Slicky Tomato Tart (VE) & roast potatoes | Hearty Spaghetti & Meatballs, Focaccia (V) | Bean & cheese patty and chips |
| VEG | Crispy Cauli (VE) | Broccoli (VE) | Fresh Carrots & Cabbage (VE) | Roasted Vegetables (VE) | Carrots & Peas or Baked Beans (VE) |
| J&O | Jacket Potatoes | Jacket Potatoes | Jacket Potatoes | Jacket Potatoes | Jacket Potatoes |
| DESSERT | Freshly Baked Cookies (VE) | Fruity Jelly Crunch Pot (V) | Peach Crumble and custard | Lime & Coconut Sponge (VE) | Fruit cheesecake |

AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole), flavoured yoghurts as well as freshly baked bread & seasonal salad bar. Third option includes vegan and vegetarian items.

MENU KEY V Vegetarian VE Vegan and Plant Based N Non-Dairy

LUNCH Week 3

W/C 09/03, 30/03, 27/04, 18/05, 08/06, 29/06, 20/07

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------|---|--------------------------------|--|--|------------------------------------|
| MAIN 1 | Cheese & Tomato Pizza (V) | BBQ Chicken & | Roast Chicken & Roast Potatoes | Pasta Bolognese or Halal Pasta Bolognese, Focaccia | Fish Fingers & Chips |
| MAIN 2 | Crispy Potato Shells, Tomato Sauce (VE) | Chili Bean Tortilla Stack (VE) | (N) Summer Veg Tacos (VE) & Roast Potatoes | Tomato pasta bake | Crispy Quorn Nuggets & Chips (VE) |
| VEG | New Potatoes, Green Beans (VE) | Sweetcorn (VE) | Fresh Carrots & Peas (VE) | Broccoli (VE) | Carrots & Peas or Baked Beans (VE) |
| J&O | Jacket Potatoes | Jacket Potatoes | Jacket Potatoes | Jacket Potatoes | Jacket Potatoes |
| DESSERT | Chocolate Cornflake Cake (VE) | Ginger Cake (VE) | Jelly | Caramel Mousse | (N) Keef School Cake (VE) |

AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole), flavoured yoghurts as well as freshly baked bread & seasonal salad bar. Third option includes vegan and vegetarian items.

MENU KEY V Vegetarian VE Vegan and Plant Based N Non-Dairy

2026/2027 Term Dates



| | |
|--|--------------------|
| Term 1 | |
| 01.09.2026 | Staff Training Day |
| 02.09.2026 | Start School |
| 15.10.2026 | Last Day of Term |
| 16.10.2026 | Staff Training Day |
| Term 2 | |
| 02.11.2026 | Start School |
| 18.12.2026 | Last day of Term |
| Term 3 | |
| 04.01.2027 | Staff Training Day |
| 05.01.2027 | Start School |
| 12.02.2027 | Last Day of Term |
| Term 4 | |
| 22.02.2027 | Start School |
| 25.03.2027 | Last Day of Term |
| Term 5 | |
| 12.04.2027 | Start School |
| 03.05.2027 | Bank Holiday |
| 28.05.2027 | Last Day of Term |
| Term 6 | |
| 07.06.2027 | Start School |
| 21.07.2027 | Last Day of Term |
| Staff training days are dates when the children do not attend school | |

1

External Clubs held at Coxheath School

External Clubs

Gymnastics Club Monday

Sama Karate Club Thursday

Irish Dancing Friday

Make Time for Music During school hours

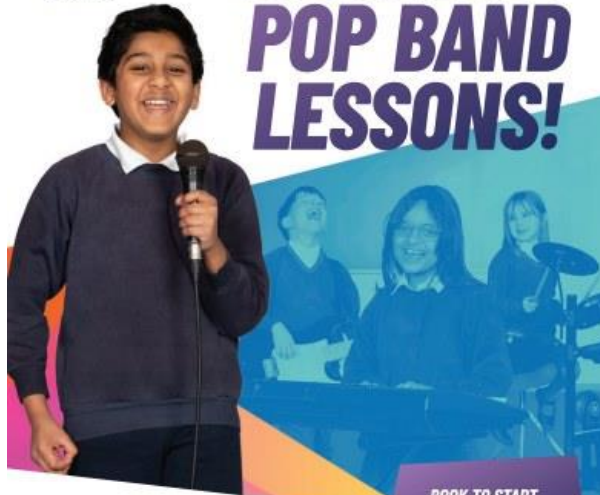
Rock Steady Thursday in school

Please see Coxheath school website or notice board for more information.

<https://www.coxheath.kent.sch.uk/page/?title=External+Clubs&pid=315>

ROCK
STEADY

ROCK AND POP BAND LESSONS!



BOOK TO START
LESSONS IN JANUARY!

IGNITE THEIR INNER SPARK!

- ✔ Children learn to play an instrument in their very own band.
- 🎵 Fun and inclusive in-school band lessons. No music theory involved.
- 📱 Follow their musical journey in your Backstage account.
- 📄 Exam-free, Ofqual-regulated Trinity music qualification.
- 🎸 Instruments provided and no experience necessary.



0330 113 0330 (Mon-Thurs 9am-5pm, Fri 9am-4pm, local rate)

rocksteadymusicsschool.com

LEARN TO PLAY MUSIC IN A BAND THAT'S FOR EVERYONE.

Choose from: Drums, guitar, bass, keyboards or vocals.

Inclusive and hassle-free!

Takes place in school. Instruments provided and no experience necessary!

Have fun and learn by playing

Children work their way through a curriculum of up to 300 musical skills.

Taught by professional musicians

Rocksteady band leaders are highly trained musicians who make learning music fun.

Much more than music

Improves wellbeing, confidence, social skills and academic achievement.

Progress at their own pace

Your child can achieve an exam-free, Ofqual-regulated Trinity music qualification!

End every term on a high note

Watch your child shine as they perform in their end of term concerts.

£24.99 per month (no payment in August) Money back guarantee for the first month. Cancel at any time.

"His confidence in music, in just over a year, is incredible to see!"

Minal

"It keeps encouraging us to do more, so it teaches us to never give up."

Rocksteady pupil

"Socially, it's great - learning skills, performance confidence - the list is endless."

Maxine

BOOK YOUR CHILD'S
PLACE ONLINE!

0330 113 0330
(Mon-Thurs 9am-5pm, Fri 9am-4pm, local rate)
info@rocksteadymusicsschool.com



TRINITY
MUSIC SCHOOL

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Community News



Community News

Young Artists' Summer Show

Permissions form

The Young Artists' Summer Show offers students aged 4-18, and studying in the UK, the chance to exhibit their artwork at the Royal Academy of Arts, online and onsite.

Student's full name

Student's signature

Student's age

I am a student 13 years old or over and give my permission to participate in the Young Artists' Summer Show. I have read the terms and conditions and understand that:

- My artwork, first name, and age may be shared on the Royal Academy of Arts and Young Artists' Summer Show website and/or social media channels.
- The Royal Academy of Arts may use the image of the artwork to advertise the Young Artists' Summer Show.

I am a parent/guardian and give my permission for the named student to participate in the Young Artists' Summer Show. I have read the terms and conditions and understand that:

- Their artwork, first name, and age may be shared on the Royal Academy of Arts and Young Artists' Summer Show website and/or social media channels.
- The Royal Academy of Arts may use the image of the artwork to advertise the Young Artists' Summer Show.

Parent/guardian full name

Relationship to student

Parent/guardian's signature

Date

RA

Royal Academy of Arts



Guidance for submissions

The Young Artists' Summer Show is an opportunity for UK-based young artists aged 4-18 to make and share a piece of artwork that truly expresses their own voice. There is no set theme and we welcome submissions covering a range of techniques including drawing, painting, printing, photography, sculpture, textile, fashion, animation, video, and more.

What we're looking for:

- Judges are looking for imagination, originality and skill.
- Each artist can submit one artwork along with a short artist statement or description, written in the artist's own words where possible. Rather than solely focussing on the artmaking process, we encourage artists to describe why an artwork was created and what it means to them. Descriptions must be no more than 80 words and, if the work is selected, it will be subject to editing by the RA ahead of display.
- Capturing a good image of the artwork is very important and could influence the way that the artwork is viewed by the judges. You can read more about photographing your artwork in our FAQs.
- If you are a teacher who intends to submit artwork for each student in your class, we advise against submitting visually similar works.
- We recommend submitting well ahead of the deadline to avoid last-minute or technical difficulties.

We can't accept submissions that:

- Exceed 950mm wide x 3000mm high.
- Pose a health and safety risk.
- Are submitted late.
- Might infringe others' rights or break the law in any way, including copyright. Although many great artists 'copy' in creative ways, we are looking for original artwork.

Call for entries

An exciting opportunity for students aged 4-18, who are living and studying in the UK, to exhibit their artwork on site or online at the Royal Academy of Arts.

Open for submissions

5 January-4 March 2026

Find out more and enter
royalacademyarts.org.uk/youngartists
[@royalacademyarts](https://twitter.com/royalacademyarts)

Made possible by Robin Hambro

Young Artists' Summer Show

So please avoid submitting artworks solely depicting characters from popular culture, including TV, animation or comic books, for example.

- Are AI-generated.
- Contain content in the artwork or artist statement that may be sensitive or otherwise unsuitable to display publicly in an exhibition for artists aged 4-18.

The RA is committed to freedom of expression and, at the same time, has a duty to safeguard the young people involved in and visiting the show. All submissions must therefore be considered within this context. This is not always possible to predict in advance and for that reason submissions will be subject to review, through the selection process described in the Terms and Conditions of Entry.

Supporting young artists to create and submit original artworks is an achievement and something worth celebrating. We encourage this to be the focus over being accepted into the show. We enjoy seeing each and every artwork submitted and can't wait to see what our young artists will make this year!

If you would like further support submitting artwork, please contact us at

YASS@royalacademy.org.uk

Have a look at the previous exhibitions on our website to give you some inspiration and here are some good examples of original ideas and interesting descriptions to get you started.



A Collection of Numbers (sculpture)
by Ethan, aged 5

A collection of numbers were having a lovely day, when bad guy 7, comes along to eat them. But never mind, superhero 1 is going to save the day!



Here Comes the Kickflip (painting)
by Oskar, aged 11

This is me, the feeling of determination mixed with a sense of freedom and taking off into the air when I try to do a kickflip when I'm skateboarding. I wanted to focus just on my legs, the board, and the landscape around. It's the moment when you have to trust your legs and psyche yourself up to do this difficult move. I wanted it to feel full of movement and excitement.



I Just Want To Be Seen (mixed media)
by William, aged 18

I adore film and TV, but where were my role models whilst growing up? I never saw myself represented so in my film poster homage to Edgar Wright's 'Hot Fuzz', I have made myself the "hero" that I wanted to see on the big screen. I have studied the work of Cindy Sherman, Cold War Steve and Jo Spence ('Putting Myself in the Picture') to solidify my ideas about myself and how the world sees me. #EnDAblesim #DonDismissDis


This Easter, Soccer School in Gillingham and Lenham is open to children from Year Reception through to Year 8. Their programme is designed to help players of all abilities improve their footballing skills through unique competitions, engaging technical drills, conditioned match play and exciting tournaments — all delivered in a fun, safe and supportive environment.

They are offering players an **Early Bird discount of 20% off their booking using the code PSA20.**

**EASTER
SOCCER
SCHOOL**

7TH & 8TH APRIL | 15TH & 16TH APRIL

#NEXTLEVEL



STAGECOACH PRESENTS

ONCE UPON AN OGRE

Our 'Shrek' inspired
captivating 3 day
Easter Workshop 2026



**Tuesday 7th April,
Wednesday 8th April,
Thursday 9th April**

10am - 4pm daily,
with a performance to
parents on the last day

Coxheath Primary School, discounted student price available!

For more information,
email maidstonewest@stagecoach.co.uk
or call Sarah on 01622 535307

Maidstone Scouting Presents

Maidstone Gang Show



Hazlitt Theatre, Earl Street, Maidstone
7th April - 11th April 2026
www.maidstonegangshow.co.uk
Box Office - www.hazlitttheatre.com



Scouts



Funded by
UK Government

HAZLITT
THEATRE

Amateur Hire



Book your Tickets NOW!!



Maidstone Gang Show is a family variety show performed by a cast of over 90 talented performers from Maidstone Scouting.

Come and celebrate our return to the stage. Packed full of modern songs, dance routines with comedy and sketches featured throughout.

Maidstone Gang Show is great entertainment for all the family.

Tickets are exclusively available from the Hazlitt Theatre.



Book online at
www.hazlitttheatre.com
by phone - 01622 758611
or in person from the Box Office

Further information available at
www.maidstonegangshow.co.uk

Performances

Tuesday 7th to Friday 10th April - 7:30pm

Saturday 11th April - 2:00pm & 7:30pm

Tickets - £18.00*

* Price of tickets does not include P&P



Scouts

Maidstone East and Maidstone West Scout Districts
are both registered Charities



CROSSROADS
CARE KENT

Volunteers Needed

**Ready to make a real
difference?**

Help us transform the
lives of local young
people by volunteering
at our term-time Young
Carer's Club!



In this role, you will:

- ✔ Offer Emotional Support
- ✔ Support fun & engaging activities
- ✔ Help to build confidence & social skills



Join our **Maidstone** Young
Carers Club!

When: Mondays/Wednesdays
5 - 7pm or 5.30 - 7.30pm

Where: Shepway Community
Centre, Cumberland Avenue,
Maidstone, ME15 7JN

APPLY NOW



Please contact us at:
enquiries@crossroadskent.org

Wellbeing



<https://coxheathnew.ovw6.devwebsite.co.uk/page/?title=Wellbeing&pid=110&action=save>
d



OSI COULD HELP YOU

OSI (Online Support and Intervention) is an online platform designed to help parents to learn tools and techniques to help their child (aged 5 to 12 years old) to overcome difficulties with anxiety.

Parents work through weekly online modules that contain videos, quizzes, and interactive worksheets. Parents are also supported by a weekly telephone/video call appointment with a practitioner.

You can access OSI at a convenient time for you using any electronic device!



HOW TO ACCESS OSI



If your child attends one of our schools and you feel OSI would be helpful for you and your child, please scan the QR code which will take you to our website and the OSI self-referral form.

Alternatively, if you would like to discuss this further with someone or would like to consider alternative support, please speak with the Senior Mental Health Lead in your child's school.

We are kind. We are respectful. We work together with our communities.

Online Parent Workshops

Aimed at parents of children in
Primary school



Understanding your Child's Behaviour

19/01/2026 10:30 -12:30pm

[Understanding Your Child's Behaviour | Meeting-join | Microsoft Teams](#)



Supporting Your Child with Worries & Fears

02/02/2026 10:30 -12:30pm

[Supporting Your Child with Worries & Fears | Meeting-join | Microsoft Teams](#)



Autism and Sleep

09/03/2026 12:30 – 13:30pm

[Autism and Sleep | Meeting-join | Microsoft Teams](#)



Understanding Neurodiversity

24/03/2026 10:30 -12:30pm

[Understanding Neurodiversity | Meeting-join | Microsoft Teams](#)



Online Parent Workshops

Aimed at parents of children in school

Understanding Sleep and Autism

Monday 9th March 12:30–13:30pm

*Workshop timings change from term to term

Are you currently experiencing difficulties with your child's sleeping patterns? Maybe your child has received a diagnosis. Would you like to come and meet with other parents and carers and learn about ways to support your child?

You are invited to a workshop about understanding sleeping patterns and autism. We also discuss helpful strategies that you can use at home to help support your child.

If you would like to join, please [ctrl + click the link below](#) or by entering the Meeting ID and Passcode within Teams:

[Autism and Sleep | Meeting Join | Microsoft Teams](#)

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. Currently, this workshop is only available to parents/carers of children attending an EWT/EST school. Please speak to your child's school or check our website for our list of schools. If you require materials in another language or have any other access needs then please email:

EWandESTenquiries@neft.nhs.uk

We look forward to meeting you.



www.neft.nhs.uk



Online Parent Workshops

Aimed at parents of children in primary school

Understanding Neurodiversity

24/03/2026 - 10:30 - 12:30pm

*Workshop timings change from term to term

Do you have questions about neurodiversity? Maybe you would like to build on your understanding of children's different ways of experiencing the world. Would you like to come and meet with other parents and carers and learn about ways to support your child?

You are invited to a workshop about understanding neurodiversity. We also discuss helpful strategies that you can use at home to help support your child.

If you would like to join, please [ctrl + click the link below](#) or by entering the Meeting ID and Passcode within Teams:

[Understanding Neurodiversity | Meeting Join | Microsoft Teams](#)

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. Currently, this workshop is only available to parents/carers of children attending an EWT/EST school. Please speak to your child's school or check our website for our list of schools. If you require materials in another language or have any other access needs then please email:

EWandESTenquiries@neft.nhs.uk

We look forward to meeting you.



[Coxheath X Account](#) - @coxheathprimary

