

Body parts that show fear	Verbs that describe fear	Mental strength synonyms	Words for facing up to fear <a href="https://www.thesaurus.com/browse/thoughts">https://www.thesaurus.com/browse/thoughts</a>
Hands Face Legs Lips Teeth Eyes Mouth Heart	Shaking Chattering Sweating Trembling Alarmed Panicky Wide (eyes) Shivering Goosebumps Beats faster Pounding Racing thumping	Mind Thinking Thoughts Brain Voices Head Imagination Dreaming/Dreamy	Stand up Conquer Brave Confidence Courage Over come Encounter Escape Confront Meet Face to face Stamp out fears Defeat Block

### **Task**

Use word bank to create lists of facing fear.

1. Body parts that could show fear
2. List of words that describe mental strength – thoughts, mind, brain power,
3. Words that describe facing fear – confront, conquer and Words that describe being brave – fearless, strong, brave <https://www.thesaurus.com/browse/thoughts>
4. Verbs that describe fear

### **Independent**

Use word bank to produce:

1. Description of the body's reaction (body part and verb – Voice trembling)
2. Description of state of mind (Mind words and feeling words – Fearless minds)
3. Couplet ideas